

# What's on in September

## Southern Cancer Support Centre

### **Yoga**

Contact us for further information. New program coming soon!

### **Bowen Therapy**

Appointments available every second and fourth Thursday.

### **Oncology Massage**

Appointments available every first and third Monday.

### **Centrelink**

Appointments every second Tuesday.

### **Walking group**

Fortnightly on alternating Fridays & Wednesdays.

### **BYO craft group**

Fortnightly Tuesdays, 10.30am-12.30pm. Drop in with your own project, no registration required.

## **SUPPORT GROUPS**

### **Metastatic Breast Cancer**

Second Wednesday of the month, 2pm-4pm.

### **Bowel Cancer**

Second Thursday of the month, 2pm-4pm.

### **Prostate Cancer**

Third Tuesday of the month, 2pm-4pm.

### **All Cancers**

Fourth Tuesday of the month, 2pm-4pm

*Unless otherwise stated, registration is required for all of our programs.*

## **Southern Cancer Support Centre**

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