

What's on in September

Northern Cancer Support Centre

Tai Chi

Every Tuesday from 11am-12noon.

Exercise Physiotherapy

Appointments available every Monday.

Oncology Massage

Appointments available every Tuesday.

Pilates program

September 23rd -October 28th 1pm-2pm.

Centrelink appointments

Every Thursday morning.

Hairdressing services

Available alternating Thursdays.

Craft Group

Every second and fourth Thursday of the month, 1.30pm-3pm/ Bring your own project or join in with materials supplied.

Games Afternoon

First Thursday of the month, 1.30pm-3.30pm.

Look Good, Feel Better workshops

Tuesdays, 10am-12.30pm, check website lgfb.org.au for upcoming dates.

Walking Group

Every Friday, 10am-11 am.

SUPPORT GROUPS

Men's Cancer

Second Thursday of the month, 10am-12noon.

Women's Cancer

Every Friday, 10am-11 am.

Unless otherwise stated, registration is required for all of our programs.

Northern Cancer Support Centre

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