

*Cancer Council NT
Annual Report*

**20
19**

**Working together towards
a cancer free future.**

Every minute, every hour, every day.



A message from our Chair



**Annette
Burke**
Chair, Cancer Council NT

“Our 2019 Annual Report highlights our extensive work across the NT, in collaboration with our volunteers, sponsors and staff.”

2019 saw many positive changes in mission, vision and quality of cancer services in Cancer Council NT.

The Board, in collaboration with the CEO, staff, stakeholders and long-term volunteers, developed our new Strategic Plan which outlines our focus areas for the coming 10 years.

As part of the 2019 review, the Board worked with our new CEO to re-develop our Organisational Chart and expand our patient services in the Katherine and Alice Springs regions. The work undertaken in 2019 has positioned Cancer Council NT to increase the quality of services provided across the Northern Territory. Our new organisational focus has allowed for a more collaborative approach to service delivery with additional networks developed across our federation members, volunteer groups, sponsors and new partners. Cancer Council NT is now in a position of expansion with additional Volunteer Advisory Groups to be setup in Darwin, Katherine and Alice Springs in 2020.

As part of the Cancer Council Australia Federation we form part of a much larger organisation of Cancer Councils all over Australia, that are working and advocating for public health policy to ensure continued advancement in reducing the impact of cancer. Under the Federation each member organisation provides a representative for the Cancer Council Australia Board. As Chair of the Cancer Council NT, I represent the Territory on the Cancer Council Australia Board and provide a voice on matters of equity versus equality, patient care and cancer research initiatives. In 2019 the Cancer Council Australia Board authorised a review of Cancer Council Australia and the Federation. The outcomes of that review will be provided by the end of 2020 and it is anticipated that a stronger more flexible Federation will result. This 2019 Annual Report shows the significant work in cancer prevention, education and research undertaken by Cancer Council Australia as part of the Federation in their 2018/2019 financial year. As part of the Federation I continue to advocate for Territory cancer patients at the national level.

Cancer Council NT, as part of that Federation, compliments this work within the Northern Territory and specific work has been undertaken in the 2019 calendar year to align Cancer Council NT service quality with the Federation. Networking with other state and territory partners and Cancer Council Australia directly has seen the Cancer Council NT, benefit with additional training and services received from Federation partners e.g. Human Resources and Cancer support and prevention training for new Cancer Council NT staff.

In the Northern Territory, Cancer Council NT provides support, prevention education and advocacy, with much of our work involving our nurses providing one on one cancer support and assisting in practical matters like – Wig and prosthetic breast fittings, financial assistance and our pro bono legal service. In 2019 we saw an increase in Cancer Support Services with our Transport to Treatment service hitting a milestone of over 35,158 KM's for the year – equal to two and half trips around Australia! Our Ostomy program provided ostomy services to over 250 clients, with 68 new ostomy clients in 2019. One third of our ostomy clients live remotely, with our ostomy program delivering ostomy products to as far away as Yulara in Central Australia and through to Borroloola in the Gulf region. Our dedication to mission remains strong with over \$1.25M dollars spent on patient Cancer Support, Prevention E,ducation and Health Promotion in the 2019 year.

The Cancer Council NT 2019 financial year involved tidying up of reporting practice and process. Our 2018 audited statement recommendations have now been fully implemented with the review and redevelopment of our policy and procedures, and a review of our financial governance procedures. In September 2019 Cancer Council NT transferred accounting systems from MYOB to Xero. This provided a saving in annual licencing fees under 'charities licencing' and increased capacity for reporting by department. As part of this transfer the general ledger was tidied and realigned which will allow additional analysis reporting in the 2020 year.

Overall, 2019 was a very successful year for redevelopment of the Cancer Council NT mission and vision for the future and also in the delivery of our essential services to the NT community. None of these achievements would have been possible without the ongoing support and hard work of our staff, our dedicated volunteers and our sponsors. On behalf of the Board, I sincerely thank them all for their efforts.

I commend to you the 2019 Annual Report and Audited Statement of Accounts for the Cancer Council Northern Territory Incorporated (CCNT).

Our Board and Governance

Our Board oversees the strategic direction and policy-making activities of the Cancer Council NT. They meet six times each year and comprise individuals with direct consumer cancer experience, medical expertise, commercial, accounting and legal expertise. Our Finance, Risk and Audit Committee (FRAC) is made up of three Board members who have specific experience in finance, audit and risk mitigation and governance. This committee meets quarterly and provides additional specialist support to the Board. Cancer Council NT is a company limited by guarantee, incorporated under the Corporations Act 2001 and the Australian Charities and Not-for-Profits Commission Act 2012.

Profiles of our Board members in 2019



Annette Burke

Chairperson

Mrs Burke started her career as a foreign language teacher and has taught in various areas including Business and Communication. As Mayor of Palmerston from 1997 – 2007, Mrs Burke founded and chaired many different Committees and Boards, including Adopt-a-Park, Seniors' Advisory Group, Beacon Foundation, Crime Prevention, Safe Communities and City Image. Mrs Burke is a Fellow of the Australian Rural Leadership Foundation, Chair of CDU Foundation Board and Chair of the Top End Health Board with oversight of the 3 hospitals, mental health and primary health.



Derek Campbell

Deputy Chair and Public Officer

Derek moved from Townsville to Darwin in 2016 to take up a partner position with KPMG. Derek has more than 20 years' experience in tax, audit, assurance and advisory services. Derek's young family have felt the impact of cancer when their then 3-year-old was diagnosed with cancer. This meant he had to leave his home in North Queensland with no notice and cope with the challenges of supporting a child and his family through this treatment and recovery phase. His experience with that and his knowledge of the impact of cancer led him to wanting to make a contribution of his skills to the Cancer Council NT.



Paolo Randazzo

Director

Mr Randazzo has worked in the banking industry for several years in various roles. Currently he is Director and Joint CEO of the family business, Randazzo Properties Pty Ltd. Mr Randazzo is also a board member for the Property Council Of Australia – NT Division and Darwin City Council – CBD Car Parking Advisory Committee. He has previously held a position on the Development Industry Reference Group and was a Darwin City Promotions director from 1998 to 2005.



Giam Kar

Director

Mr Kar has been a radiation therapist for over 30 years and is currently the Practice Manager and Chief Radiation Therapist of NT Radiation Oncology, Alan Walker Cancer Care Centre, Royal Darwin Hospital. Mr Kar has also been a board member for the Medical Radiation Practitioners Board of Australia as well as the Chairman of Cancer Care Optimisation Group – the Department of Health NT.



Gino Luglietti

Director

Mr Luglietti studied law and business at Charles Darwin University but deferred to follow his passion for radio. This led him to a traineeship at Territory FM as a producer of the political current affairs talkback show. Through Mr Luglietti's chat show he became aware of the work of Cancer Council NT. Mr Luglietti has worked as a media consultant for the Department of Health NT as well as the political media advisor at the Parliament House. Mr Luglietti currently looks after the media and communications for Senator Nova Peris OAM.



Elizabeth Halikos

Director

Miss Halikos moved back to her hometown Darwin in 2015 upon completing her double degree in Arts and Law at Bond University. Miss Halikos worked in private practice as a legal practitioner specialising in commercial and estate law for several years before joining the family business, Halikos Group, as their in-house legal officer. Miss Halikos is also a committee member of the Northern Territory Young Lawyers and the Future Directions Committee of the Property Council of Australia.

How Cancer Council helps



Find out more about how we help and the impact we're making across Australia at [impact.cancer.org.au](https://www.impact.cancer.org.au)



Prevention →

Preventing cancer before it has the chance to develop is one of the most effective paths to a future without it. We establish programs that encourage and empower Australians to lead healthier lives to help stop cancer before it starts.

Support →

We're here, with a comprehensive range of support services for all people, affected by all cancers, across every state and territory. Our services include practical and emotional support, information and counselling for every stage of a cancer journey.



Research →

We fund more cancer research than any other non-government organisation in Australia. Our discoveries unlock vital answers to understanding, preventing and treating cancer, as well as supporting those living with it. In 2018, thanks to the support of the community and our research partners, we invested over \$58.3 million in world-class research across Australia.

Advocacy →

Our advocacy is making cancer history. Working with our stakeholders, we advocate to change laws and policies to reduce cancer risks and improve cancer care. We act to define best practice diagnosis and treatment, and seek to ensure we can improve cancer outcomes for everyone.



We won't stop until cancer does.



OUR VISION
A cancer free future

OUR PURPOSE
We are Australia's leading cancer charity, uniting the community, providing support, investing in research and saving lives.

OUR VALUES
Our values influence the work that we do, and the way we work with our colleagues and with our community.

- INNOVATION**
Seek and embrace the best
- RESPONSIBILITY**
Be accountable for our results and resources
- COURAGE**
Speak out and step up
- COLLABORATION**
Work together to achieve our goals



About us

Cancer Council is Australia's leading cancer charity and the only charity that works across every area of every cancer. We help people reduce their risk of cancer and get the right information, treatment and support from the point of diagnosis and beyond.

Our vision is for a cancer free future and we work towards this every day, through funding research, delivering and promoting prevention programs, advocating for policy and system change and providing vital support to people affected by cancer. Cancer Council is active in every state and territory of Australia.

Cancer Council NT was born in 1979, after initially being part of Cancer Council South Australia, with the new branch of the organisation having its foundations in a demountable building in the Darwin CBD. After originally being known as the NT Anti-Cancer Council, the organisation changed its name to Cancer Council Northern Territory and moved to its current office in Casi House, Wanguri, in 1995.

With offices now also situated in Katherine and Alice Springs, Cancer Council NT has delivered a broad range of cancer support services to patients and their families throughout the Northern Territory for 40 years.

Fundraising and education have also played a vital role in the ongoing advocacy work of the organisation, with well-known events such as Daffodil Day and Relay for Life becoming cornerstones to Cancer Council NT's branding and success.

Throughout the years Cancer Council NT has been supported by a dedicated group of volunteers and staff members. Life Membership is awarded to a select group of dedicated people who have given a tremendous amount of support to Cancer Council NT.

Cancer Council NT's Life Members include:

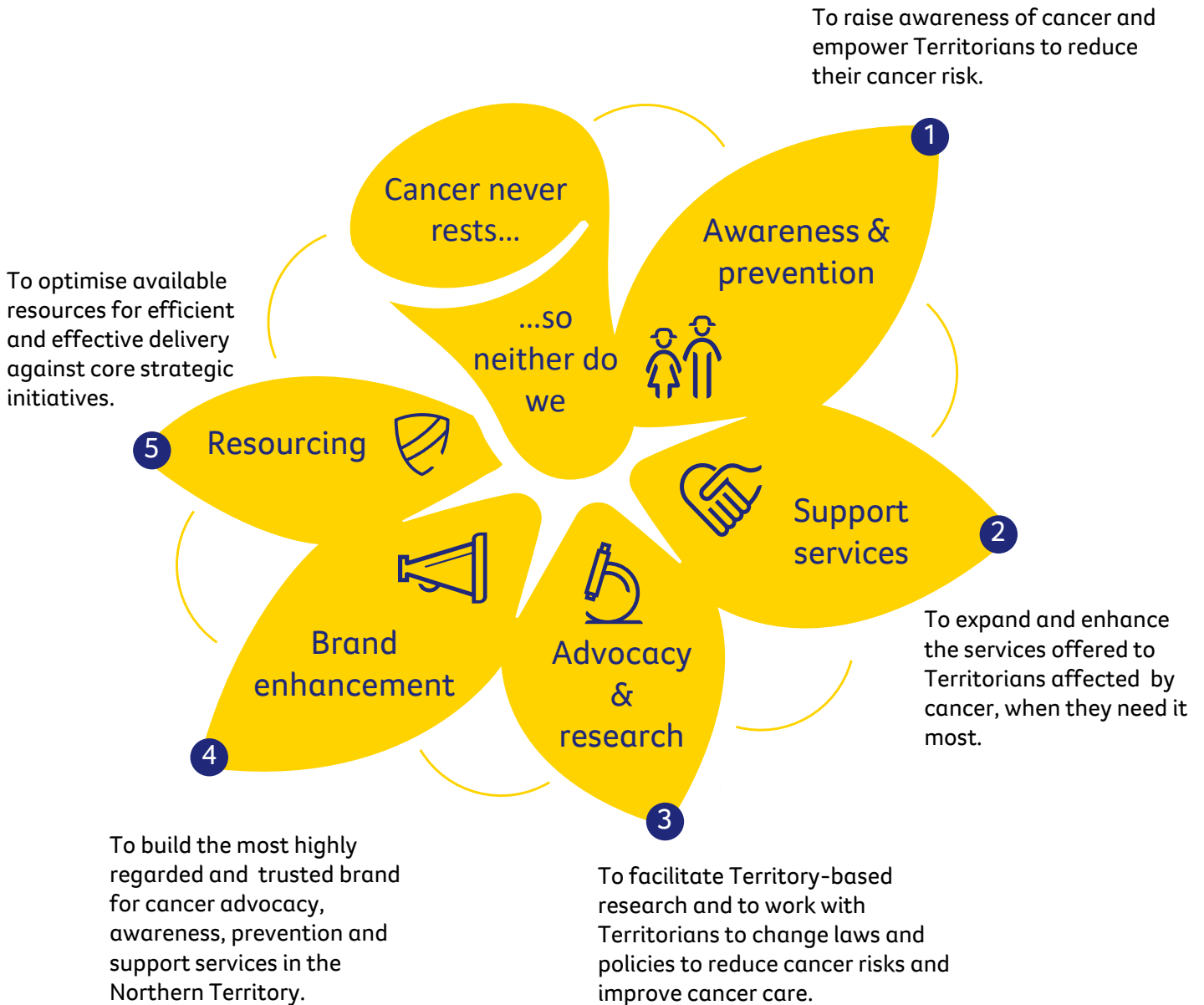
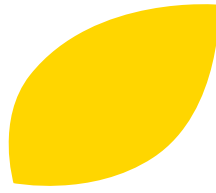
- Irene Mellios
- Romola Sebastian-Pillai
- Fran Wickes
- Helen Smith
- Marilyn Harvey

We would like to thank you all for your kindness, generosity and support throughout 2019 and look forward to working with you again in 2020.



**Every minute,
Every hour,
Every day,
we're getting
closer to a
cancer free
future.**

Strategic objectives





A message from our new CEO

Tanya Izod
Chief Executive Officer

“Cancer is a life changing event; it brings people together and develops strength in families and individuals that they never knew they had.”

2019 has been a big year for Cancer Council NT. This was a year of review, of finding our place and redefining our mission and vision for the Cancer Council of the future. As a not-for-profit charity with up to 83% of our funding coming from community events and donations, our community supporters are crucial for our survival. All funds that we raise in the Northern Territory go directly to support programs for Territorians with cancer. We also support families who in most cases are the primary carers for those living with cancer.

In 2020 Cancer Council NT will reach its 40th anniversary – so 2019 was a year of reflection, a year of working through where we fit within the Territory cancer landscape. Over the past 10 years there has been some phenomenal advances in cancer services within the Northern Territory, with the expansion of the Alan Walker Cancer Care Centre. No longer do patients and their families have to move interstate to obtain cancer treatment – often disenfranchised from all that is familiar and leaving family behind, sometimes for months at a time. Now many cancer patients are treated in Darwin at the Alan Walker Cancer Care Centre and many families continue to care for them at home, knowing that medical help is only a few km's away.

Whilst these advances in cancer treatment were very much welcomed in the NT, it has provided a requirement for reflection on what the Cancer Council NT now provides Territorians; the relevance of our services and the need to review how our services compliment the services of Alan Walker. So, throughout 2019 we have reviewed each of our divisions, in particular our Cancer Support and Cancer Prevention divisions, with a view to ensuring that we are providing the most up to date and relevant cancer support and prevention services to cancer patients and their families across the Northern Territory.

As part of this process we re-developed our organisational chart, reducing our management positions and placing a greater emphasis on ensuring that a greater portion of our funding is spent directly on regional patient cancer support services. We re-aligned budget to create a new Cancer Nurse position in Alice Springs and a new Cancer Support officer in Katherine – increasing cancer support services in both those regions. Whilst recruitment in these regions can be particularly challenging – we continued to innovate in order to attract staff to live in these remote areas. Through innovative budgeting and recruitment strategies we now have a new Alice Springs Nurse and continue to negotiate the remodelling of the Katherine Cancer Support Services position.

As part of our redevelopment of the Cancer Council NT, we also recognised that with a staff of only 13, we simply could not do everything ourselves and so we developed a new Volunteer Engagement strategy, headed by our Volunteer Coordinator. This change saw more volunteer hours completed in 2019 than previous years. Our senior volunteers helped us to complete our new Strategic Plan which will take us through the next 10 years to 2030. As part of the redevelopment of our new organisational chart, new Volunteer Advisory Committees were created, so that we might continue to learn and be guided by our long term volunteers, with all the corporate knowledge that they have gained over their 20 to 30 years volunteering with Cancer Council NT!

As part of the review process we also reworked our suite of Policies and Procedures including Human Resources, OH&S, Operations etc, providing our

staff clarity of systems and procedure. Our computer systems were upgraded in partnership with our new sponsorship partner Area9, new resources developed in partnership with our new sponsor Zip Print, and our new television advertisement marketed through a sponsorship arrangement with Channel 7. Our sponsorship agreement with Lions Club Casuarina has substantially increased our SunSmart sunscreen awareness campaigns, with new sunscreen dispensers in Darwin, Katherine and Alice Springs and a new skin scanner system for SunSmart education training.

2019 saw an increase in Fundraising initiatives with our Car Raffle sponsored by Suzuki/Darwin Motor Group in collaboration with the Mitchell Centre. Our dedicated staff and volunteers manned stalls throughout shopping centres and market stalls – selling raffle tickets all hours of the day and night.

Our Relay for Life and Daffodil Day events were equally as impressive, with over 500 people on the ground at Relay for Life and our Daffodil ladies doing us proud at over 20 Daffodil stalls across the Territory. Again, our staff spent many a weekend walking the Waterfront and Mitchell street selling Daffodils – with a cheeky “would you like to buy a flower for the lady sir”? How could they say no!

The Cancer Council NT is extremely lucky to have a dedicated group of staff with such a passion for cancer prevention. Our mission is to support and care for Territory cancer patients and their families. For us supporting a patient through their journey to wellness is a huge privilege and we understand what a life changing event the possibility of a cancer diagnosis is:

- If it's benign there's the realisation of a 'close call';
- If it's malignant there's the 'where to from here' and, 'how are we all going to cope'
- And when in remission there's the 'what if it comes back' - every 6, 12, 24-month review. Families constantly watching for any signs of change and the fear is always there.

It's a life changing event that can take survivors, thrivers and their family years to recover and the psychological strain alone is enormous. That said, cancer also brings people together and develops strength in families and individuals that they never knew they had. Every person who attends an event, volunteers on our programs and sponsors our work – becomes part of the fabric that supports patients and their families on their path to wellness. There is no way that we could do this without our dedicated Volunteers, our sponsors, partner organisations and of course our staff!

It's wonderful to see such dedication to Cancer Council NT, and the ongoing support from the people of the Northern Territory. I hope you enjoy reading of the wonderful events, prevention strategies and support programs that Cancer Council NT delivered in 2019.

Our mission is to prevent cancer, create hope and help save lives! Throughout 2019 we continued the fight against cancer in an unyielding belief that we can make patients' lives better every minute, every hour, every day....

Thank you for your support this year, please join us again in making 2020 even better!

CANCER COUNCIL HIGHLIGHTS

2018 /19

HERE ARE SOME OF THE WAYS WE HELPED LAST YEAR...

At Cancer Council, we're here every minute, every hour, every day for Australians affected by cancer.

Every day, we support people affected by cancer when they need it most, speak out on behalf of the community on cancer issues, empower people to reduce their cancer risk, and find new ways to better detect and treat cancer.

And we won't stop doing this work for our community, until cancer stops.

As a charity, we rely on the generosity of the Australian community to continue our life-saving work. Thanks to people like you, we're making great strides towards our vision of a cancer free future.

We received
\$10 million
from the federal government



to fund Australia's first national bowel cancer screening campaign, increasing the number of people participating in the program

Our services were used over
250,000
times



by Australians affected by cancer, providing vital support when they need it most and making every stage of their cancer journey easier

Over
\$58.3 million
invested in research



across Australia along with our research partners, making us the largest non-government funder of research in Australia



You can find more information on how Cancer Council is making an impact at impact.cancer.org.au

A message from CCA



Prof. Sanchia Aranda

CEO, Cancer Council Australia

I am pleased to provide an update on Cancer Council Australia's work across this reporting period – as well as some highlights from across the state and territory Cancer Councils – demonstrating the progress we are making towards our vision of a cancer free future.

Cancer Council Australia centres its work in three key areas: reducing the incidence of cancer, improving survival from cancer and supporting those affected by cancer.

This year my remarks focus on the goal of improving survival from cancer. We know one of the most effective ways to improve survival is to find cancer early. The earlier a cancer is found, the more likely it is that it can be successfully treated.

In more recent years we called on Government to complete the full implementation of the bowel screening program and support it with a mass media campaign to make sure that eligible Australians take part. This year our calls were answered.

I was delighted this year when the Federal Health Minister Greg Hunt announced that Cancer Council Australia would **receive a \$10 million grant to run Australia's first ever national mass media campaign to promote bowel cancer screening.**

Bowel cancer is Australia's second biggest cancer killer and Cancer Council has a long history of advocating for bowel cancer screening to improve survival. Our national landmark campaign rolled out across the country during 2019 and spanned TV, radio, social media, community radio and PR, including tailored materials for specific cultural communities.

Cancer Council was able to leverage the investment by Government to a massive \$19 million in media value. Our ask to Government is to repeat the campaign for three further years so we can maximise the potential of this important national screening program to save lives.

Cancer survival will also be improved if we can ensure all people benefit equally from Australia's world leading cancer outcomes.

“

This year my remarks focus on the goal of improving survival from cancer. The earlier a cancer is found, the more likely it is that it can be treated.

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Australia has one of the best cancer survival rates in the world, however, this good news story masks some of the statistics that sit below the surface and too often remain unspoken.

First Nations Australians have 43 per cent higher cancer mortality rates than the general population, and those from the poorest parts of our community are 37 per cent more likely to die from cancer than the richest. If you live in regional or remote Australia or have a cancer type with limited treatment options, you are also more likely to have a poorer cancer outcome.

We are speaking out on behalf of people who have cancer and highlighting where improvements need to be made to ensure everyone has equal access to optimal treatment and care. We are seeking to understand the causes of these outcome disparities and continuing to raise awareness of this issue through our public voice – on TV, radio, social media, with Government and at conferences.

We also furthered our work addressing the financial toxicity associated with cancer, in particular the growing issue of out-of-pocket costs for diagnosis and treatment.

Our Standard for Informed Financial Consent, developed with and for health professionals, in partnership with Breast Cancer Network Australia, Prostate Cancer Foundation and Canteen, went through an extensive consultation period and will be launched in 2020. We hope this will be the first step in improving cost transparency and protecting people with cancer from avoidable costs.

Of course – this snapshot of work is just a part of the larger Cancer Council picture and the work done across the Cancer Council federation.

During 2018, Cancer Council support services were used over 250,000 times, 2 million Aussie kids were protected from UV through the SunSmart Schools program and Cancer Council, along with our research partners, contributed over \$58.3m to world-class cancer research.

As a non-government organisation, none of our work would be possible without the support of our community. Thank you for your continued interest and support of our work.



How we are helping Australians reduce their cancer risk – and helping detect it sooner

Preventing cancer is one of the most effective paths to a future without it. Our prevention initiatives educate and inform Australians so they can understand cancer risks. We also educate our community on the importance of early detection.

We provide information and support nationwide to help every Australian take action that we know helps to prevent cancer, including quitting smoking, being SunSmart, eating well and

being physically active, limiting alcohol intake, and participating in screening programs.

Countless cancer cases have been prevented in Australia thanks to Cancer Council awareness campaigns, education programs and advocacy initiatives – and we remain dedicated to supporting research and seeking policy change that will prevent even more.

PREVENTION HIGHLIGHTS FROM 2018/19



Continuing our work to make bowel cancer history

Australia has one of the world's highest rates of bowel cancer, with more than 17,000 new cases and over 4,000 deaths in 2018. This year, Cancer Council continued our advocacy, research and prevention work aimed at making bowel cancer history.

If found early, 90 per cent of bowel cancers can be successfully treated. To detect bowel cancer and pre-cancerous changes early, the National Bowel Cancer Screening Program provides a free and simple home test to Australians aged 50 to 74 every two years.

Currently around 4 in 10 eligible Australians complete the home bowel cancer screening test when it arrives in the mail. Cancer Council NSW research has shown that if this figure was increased to 6 in 10, around 84,000 lives could be saved in the next 20 years.

In January, the Australian Government committed \$10 million funding to Cancer Council Australia to run the first national mass media campaign to encourage more Australians to participate. The funding was used to run three bursts of mass media activity in 2019, including TV, radio, social, digital and community advertising, which resulted in more than 705,000 unique site visitors to the campaign website, 750 media mentions and social media engagement with more than 275,000 Australians. The media campaign was bolstered by a comprehensive strategy to support health professionals to encourage their patients to do the test, including a mail out to more than 17,000 general practices and a video promoting the program to GPs.

We also developed campaigns targeted to communities with lower screening uptake, including First Nations people and people who speak a language other than English at home. With the Menzies School of Health Research, we developed tailored messages for First Nations people, promoted in First Nations media and communities. We also produced targeted messages in Cantonese, Mandarin, Italian, Greek and Arabic, promoted in advertisements online, on radio, in newspapers, and in posters in community centres and venues.

Evaluation of the campaign will be released in 2020, but we know from state-based campaigns that this advertising works. A 2017 Cancer Council Victoria campaign delivered over seven-weeks resulted in approximately 12,500 extra Victorians screening for bowel cancer during the campaign period, potentially saving more than 300 people from developing bowel cancer and more than 180 deaths.

“
The free program could save 84,000 lives in the next 20 years
”

The latest program monitoring report (released by the AIHW in June 2019) showed participation rates are still low, particularly among people in the youngest eligible age group, with only 30 per cent of people 50-54 years returning the test in 2016-17.

Ongoing promotion of the program and the importance of doing this simple test is essential, so Cancer Council continues to encourage Government to invest in bowel cancer screening. Cancer Council NSW analysis shows that a national four-year awareness campaign could prompt over one million Australians to participate in the screening program and save 4330 Australian lives over the next 40 years.



You can find out more about our work and research in bowel cancer screening at <http://bit.ly/bowelcancerprevention>

Increasing awareness and education to prevent skin cancer



Skin cancer is one of the most preventable cancers, yet almost 2,000 Australians lose their lives to it each year.

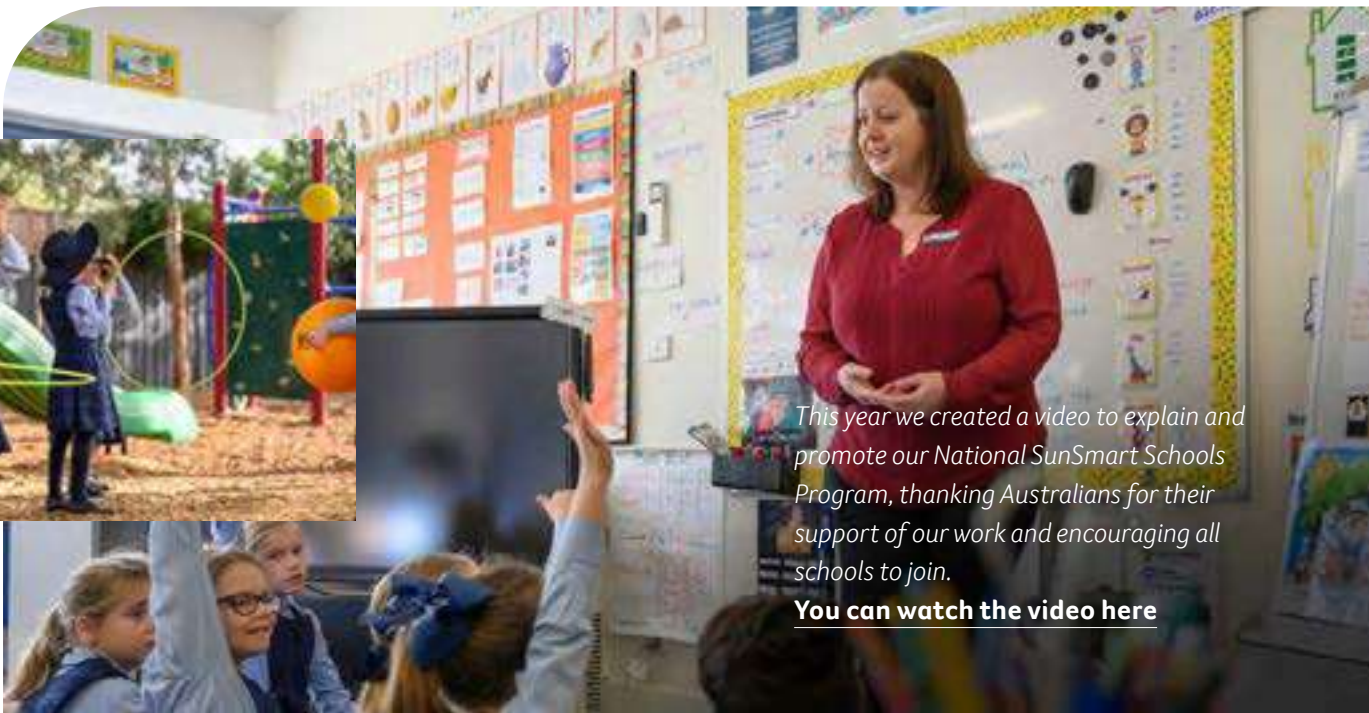
Most skin cancers are caused by overexposure to radiation. So for over four decades, Cancer Council has been working to change sun protection attitudes and behaviours to reduce skin cancer cases and deaths. The good news is the tide is turning; with melanoma rates in Australians under 40 dropping – a great outcome that experts say is largely thanks to Cancer Council’s pioneering education, awareness and research programs.

But there is still much work to be done. Each year, Cancer Council partners with the Australasian College of Dermatologists in promoting National Skin Cancer Action Week to focus national attention on skin cancer prevention and early detection. In 2018 we released new research that showed messages about the dangers of tanning are not getting through to Aussie teens, with nearly 40 per cent of teens saying they like to get a tan and 62 per cent saying their friends think a tan is a good thing. While the proportion of teens who prefer a tan has dropped since 2003, this rate has stalled since 2013 – highlighting the need for the Federal Government to renew investment in a national skin cancer prevention campaign. Cancer Council and the Australasian College of Dermatologists issued a reminder about the dangers of tanning and encouraged young people to

“#OwnYourTone” and protect their skin from UV radiation. Our media promotion during the week generated over 360 pieces of coverage and social media activity reached over 440,000 Australians.

Sunscreen use is one of five important ways of reducing the risk of skin cancer (together with seeking shade, wearing a hat, covering up with clothing and wearing sunglasses). To help people understand how and when sunscreen should be used daily, we worked with QIMR Berghofer, the Australasian College of Dermatologists and the Public Health Association of Australia to develop new recommendations, released in January 2019. The new guidelines recommend that Australians apply sunscreen daily as a part of their morning when the UV is expected to reach three or above, even if they aren’t planning on spending the day outdoors. These new recommendations will help Australians protect themselves from incidental sun damage.

Underpinning Cancer Council’s national skin cancer prevention efforts is Cancer Council’s successful National SunSmart Schools and Early Childhood program, which today protects over 2 million Australian children across the country. The program encourages children to protect their skin when outdoors, and helps schools and early childhood centres to provide protective environments and support sun protection behaviours.



This year we created a video to explain and promote our National SunSmart Schools Program, thanking Australians for their support of our work and encouraging all schools to join.

[You can watch the video here](#)



Reducing workplace cancer risks

Research shows around 5,000 cancer cases each year in Australia are due to exposure to risk factors in the workplace. Cancer Council's kNOw Workplace Cancer project was established in October 2016 to protect Australian workers through research, education and workplace policy change. The project is guided by our Occupational and Environmental Cancer Committee and coordinated by Cancer Council Western Australia.

In 2018-19 activities aimed at increasing awareness and knowledge of occupational cancers included the launch of a GP education module, presentations to community and health professionals, and distribution of thousands of resource flyers at Occupational Health and Safety events across Australia. In partnership with Target Tradies, which provided pro bono installation and media space, we placed 630 posters about the risks of diesel engine exhaust fumes in sites across Australia. We also made submissions to Safe Work Australia consultations related to carcinogens in workplaces, encouraging policy and regulatory change to protect Australian workers.

Optimising breast cancer detection and screening

Breast cancer remains the most common cancer in women in Australia (apart from non-melanoma skin cancer) and causes thousands of deaths each year. The earlier breast cancer is found, the better the chance of survival.

Australia's national breast screening program was established to detect breast cancer early. Some women at higher, or lower, risk of breast cancer may need different screening tests, or to test more or less often, to get accurate results and the most appropriate treatment.

The Australian Government Department of Health has funded Cancer Council to explore options for personalised approaches to breast cancer screening in Australia. In 2018-19 we looked at the

international evidence and current clinical activity in Australia to identify ways to personalise screening to individual women's circumstances. Our work aims to make the national breast screening program even more effective, for all women.

Survival

The earlier breast cancer is found, the better the chance of survival

Encouraging physical activity and healthy eating to reduce cancer risk

Maintaining a healthy weight and diet, as well as physical activity, can significantly reduce our cancer risk. Across the country Cancer Council is working to inform and empower Australians to make changes that could prevent thousands of cancer cases and deaths each year.

We've formed and joined important partnerships and alliances, like the internationally recognised Australian Chronic Disease Prevention Alliance (ACDPA), to drive policy change to address risk factors for chronic disease, particularly obesity, poor diet and physical inactivity. We also promote information and develop programs, like LiveLighter, (driven by Cancer Council WA and Cancer Council Victoria), to help people eat well, become physically active and maintain a healthy weight to reduce their risk of cancer.

On World Cancer Day in February 2019 we released Cancer Council Australia funded research that showed over 200,000 cancer cases could be avoided in Australia over the next 25 years if all adults maintained a healthy weight and met the physical activity guidelines for cancer prevention.

With more than two thirds of adults considered overweight or obese and nearly half insufficiently active, we called on the Government to take action to help Australians live a healthier lifestyle.

All sides of politics need to recognise their responsibility to help protect children from mass marketing of junk food; improve the Health Star Rating (HSR) food labelling system to provide simpler, more informed choices to consumers; and promote more public education about the benefits of good nutrition and exercise. We welcomed an improvement to the HSR system announced by the Australian and New Zealand governments this year that will help people make more informed choices when choosing packaged foods and drinks. The change will mean that foods will only receive a star rating based on the product "as sold" rather than "as prepared"; a loophole that had allowed food companies to mislead consumers.



Leading the global effort to eliminate cervical cancer

Cervical cancer rates have plummeted in Australia since our national screening program began in 1991. Now, following the success of the Human Papilloma Virus (HPV) vaccination program and transition to HPV testing in the national screening program, Australia is set to become the first country in the world to eliminate cervical cancer as a public health issue.

Research from Cancer Council NSW published in September showed that if vaccination and screening coverage are maintained at current rates, cervical cancer rates will drop below 4 in 100,000 by 2035, potentially making Australia the first country to eliminate cervical cancer as a public health problem. Cancer Council NSW's research team is working with the World Health Organisation to support efforts to scale up HPV vaccination and cervical screening to reduce deaths from cervical cancer globally.



You can also find out more about how Cancer Council research is putting Australia on track to eliminate cervical cancer at <http://bit.ly/eliminatingcervicalcancer>

Cancer Council partnered with the UICC to produce a short film to advocate for global action to eliminate cervical cancer. The film was launched at the UN High Level Meeting on NCDs in September, at the World Cancer Congress and the International Papilloma Virus conference in October 2018.

We are now working with our video partner, Moonshine, to secure funding to create a feature documentary and global moving picture advocacy campaign to support countries to make step change against cervical cancer.

[Watch the video at bit.ly/globalaction4cervicalcancer](http://bit.ly/globalaction4cervicalcancer)



Urging action to reduce smoking uptake and deaths

Cancer Council continues to remind Australians of the danger of smoking and provide them with the support to quit. Today, Australian smoking rates remain their lowest on record at under 13 per cent. Yet tobacco smoking is still more likely to cause cancer death than any other preventable risk factor.

In April, Cancer Council NSW published research showing 100,000 lung cancer deaths could be avoided this century if smoking rates are reduced to 10 per cent by 2025; (200,000 deaths would be prevented if rates get down to 5 per cent). With a number of other cancer types and health conditions caused by tobacco, these figures represent just the tip of the iceberg when it comes to the lifesaving potential of reducing smoking rates.

The good news from the study was that previous tobacco control measures introduced since 1956, including tobacco taxation, plain packaging, smoke-free legislation, mass media campaigns and

restrictions on advertising have already saved almost 79,000 people from dying from a preventable lung cancer.

However, recently the decline in smoking rates has slowed. Cancer Council Australia used these latest research results to reiterate our calls for a national comprehensive tobacco control strategy that includes hard-hitting anti-tobacco ads and new laws to regulate product design and ingredients to stop the tobacco industry finding new ways to entice young smokers.

New research this year showing smoking causes \$388 billion in long-term productivity losses in Australia was an urgent wake-up call to the Federal Government to invest in anti-smoking mass media campaigns again, and showed the economic benefits would be even greater than we thought.

On World No Tobacco Day in 2019 (31 May) we called on Australia's governments to

take action to protect young people from tobacco industry influence, following data that showed a worrying increase in the use of roll-your-own (RYO) tobacco by teens. The latest Australian Secondary Students' Alcohol and Drug (ASSAD) survey found that while the number of teens who had never smoked had increased from 77 per cent in 2011 to 82 per cent, most students who had smoked in the past month had used RYO tobacco at some time. We urged the Federal Government to take further action to prevent smoking uptake by young people and counter tobacco marketing strategies, including ensuring that RYO tobacco cannot be sold in pouches smaller than 30 grams.



Read more about how Cancer Council research has helped Australia lead the world in tobacco control at impact.cancer.org.au/leadingtobaccocontrol

Cancer Council NT Prevention Report

Cancer Council NT’s awareness campaigns, education programs, advocacy initiatives, and resources have improved the quality of life in countless cancer cases across the Northern Territory – and we are dedicated to supporting research and seeking policy change and programs that can prevent even more. We provide presentations which take the time to truly engage people from all backgrounds, use simple accessible language, and are conscious and respectful of cultural practices and beliefs. We have a unique opportunity in the Territory to make a meaningful difference to Indigenous and culturally diverse groups, who have limited familiarity with modern screening and prevention practices.

Cancer Council NT provides information and support to help Territorians reduce their risk of cancer by taking action that we know helps prevent cancer. We work within the 7 action areas of the Cancer Prevention Framework:

1. Quitting smoking,
2. Being SunSmart,
3. Eating well,
4. Maintaining a healthy weight
5. Limiting alcohol intake
6. Being physically active and
7. Participating in Australia’s National Screening Programs for Bowel, Breast and Cervical Cancer.



Our Cancer Prevention Coordinator Sharina Nogot, participates in a number of National Cancer Council Committees. Involvement in such groups gives us an opportunity to advocate for Territorians in reducing their risk of cancer within the local context and provides the opportunity to ensure that our services and programs are current and aligned with evidence based national cancer control policy. Cancer Council NT is represented on a number of national Cancer Council Advisory committees which comprise experts in all facets of the cancer prevention policy framework.

Public Health Committees:

- National Skin Cancer Committee
- National SunSmart Schools and Early learning working group committee
- Nutrition and Physical Activity Committee
- National Tackling Tobacco Implementation Group

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“One in three cancer cases can be prevented through healthier lifestyle choices.”

Did you know

- Eating a fibre rich diet including 5 serves of vegetables a day can help prevent 1 in 6 bowel cancers.
- Alcohol is proven to increase your risk of 7 different types of cancer including mouth, throat, oesophagus, stomach, bowel, liver and breast
- Smoking still causes 1 in 5 of all cancer deaths
- The Top End’s UV rating is always at extreme and Territorians should always wear sunscreen, a hat and sun protection – even on cloudy days.

Investing in the Territories future

SunSmart Program for Schools and Early Learning Centres

Helping Territorians to be SunSmart!



SLIP



SLOP



SLAP



SEEK



SLIDE



High Sun Exposure in the first 10 years of life - when children are at early childhood centres and school, greatly increases risk of skin cancer later in life. Most skin cancers can be prevented, and schools and early childhood centres have a vital role in ensuring children are protected from UV radiation. This is where the Cancer Council NT Sunsmart program protects our Territory children. The National SunSmart Program is a skin cancer prevent program that supports schools and early childhood centres to teach children about exposure to UV radiation and therefore reduces their risk of skin cancer later in life. The program aims to create a SunSafe environment by increasing the proportion of staff, children and families adopting sun protection measures by increasing their awareness of skin cancer and maintaining their commitment to sun protection.

Over

9,159

people received awareness and education on cancer prevention in workplaces and schools throughout the Territory.

A

33%

increase on the prevention reach of 2018

In 2019

23

new Schools and Early Childhood Centres entered the SunSmart program, educating and protecting Territory children from UV exposure through the SunSmart Program.

Cancer Council NT provides free support, resources and guidance to SunSmart Schools and early childhood centres to develop and implement their Sun Safety Policy, as well as opportunities to regularly review their policy against best practice guidelines. It provides them with peace of mind that their policy and procedures in relation to sun protection are correct and up to date.



Territory Highlights of 2019

Health promotion is an important component of Cancer Council NT's work. It is important for us to raise awareness around the simple healthy steps Territorians can take now to minimise cancer risk in the future.

Arafura Games 2019

In 2019 Cancer Council NT provided our SunSmart resources and Cancer Prevention messages at the 2019 Arafura Games. We engaged with over 3000 people from interstate, overseas and our local community. Over the course of the week we saw a significant improvement in SunSmart behaviour in response to the SunSound reminding attendees to reapply their Sunscreen and our mascot "Syd the Seagull" helped everyone to slip, slop, slap, sleek and slide throughout the week. This was a fantastic event and we look forward to the opportunity to help again in 2021!



Quitskills

In 2019 Cancer Council NT hosted a three-day Quitskills Training workshop for Health Professionals across the Northern Territory. Participants from Territory Families, NT Top End Health Services, Mission Australia NT and Batchelor Institute of Indigenous Tertiary Education were trained in smoking cessation and prevention strategies.



Skin Cancer Action Week

Cancer Council NT's skin cancer action week included the 'OwnYourTone' photo competition. Leanyer Waterpark, Sanderson Middle School, Darwin High School and Dripstone Middle School were just some of the schools who got involved in prevention of skin cancer, with over 4,999 students involved in the sunsmart campaign.



Game of Cooks

Healthy Cooking Workshop for Youth
Learning how to be healthy can be fun!

The Game of Cooks aims to encourage young people to learn about healthy yet tasty cooking by being creative with fruits, vegetables, wholegrains and cooking methods. The unique youth culinary challenge was a hit again in 2019, delivered in collaboration with Palmerston Council, Northern Territory Government and the Cancer Council NT.

In addition, participants explored finding credible and evidence-based information to create their own food blog, using social media as a positive platform for inspiring others to live a healthier lifestyle. Participants learnt to:

- Prepare yummy, easy, healthy treats with Martin from Needle in a Haystack
- Make morning and afternoon tea using healthier ingredients
- Learn how to shoot food photography from their smartphone with Betty Banks of MKR MC

With 18 attendees in ages ranging from 12-25 along with their families and friends, it was a great experience for everyone involved and received rave reviews!



Smoking just don't start program in Katherine

Stay smoke-free through positive and resiliency-based education

The Cancer Council NT has been gradually growing the Smoking Just Don't Start Program over the last 3 years in Katherine, NT. In 2019 seven of the Stars Foundation, Katherine Flexible Learning & Engagement and Youth Outreach and Remote Engagement teachers and youth mentors were trained in the program.

Research tells us that the younger a person starts smoking, the more likely they may become a regular adult smoker which makes it even harder to quit because of prolonged nicotine addiction. A key aspect of supporting youth in this position is ensuring that they have the resilience skills and health education to promote positive decision-making in smoking-related situations. This skill set is particularly important in reducing the likelihood of starting smoking and addiction into adulthood.

The Smoking Just Don't Start program aims to increase student's resilience skills in smoking-related situations, and by helping students

to shift their focus to personal strengths, rather than simply advocating not to smoke. Students also receive take home education tools, information on local resources, and smoking cessation support services (e.g Quitline) available in their community for them to use and refer to anytime in the future.

Program evaluations undertaken in 2019 provided encouraging evidence the program was having a positive impact on students in the areas of 'knowledge and awareness' and 'resilience and coping' for participants.

- The Smoking Just Don't Start program increased facilitators' confidence and knowledge in discussing smoking statistics and smoking-cessation and avoidance strategies with young people
- The program benefits rural youth by helping to build their resilience, as well as their knowledge of smoking risks and available support services

- We know that implementing anti-smoking interventions with The Indigenous Australian Community can be improved when local community members are involved in its delivery. This is why we were thrilled to have mentors of the Stars Foundation in Katherine High School undertake training to assist them to deliver the tobacco prevention education session to their students.

Grant funding has been secured to extend this program to the Darwin and Palmerston region in 2020 where we will be looking to modernise its delivery and expand the availability of training. We are excited for the next phase of this program and send great thanks to Sharina Nogot for all her diligent work launching this program and its ongoing development.



Cancer Prevention Education Sessions

Health Promotion plays a crucial role in supporting health and wellbeing within the community. Reducing and managing the factors that increase the risk of cancer is one of our top priorities. Regular education and information sessions on lifestyle and environmental risk factors, across the entire Northern Territory, aim to raise awareness and enhance the level of health literacy within the community. In 2018, Cancer Council NT delivered a total of 42 cancer prevention education sessions across the Northern Territory with an approximate reach to over 6,000 people.

In these sessions people are engaged and invited to ask questions regarding possible risk factors, known causes, optional prevention measures and available cancer screening programs. Locations included

Darwin, Palmerston, Katherine and Alice Springs. Sid the Seagull, our SunSmart Mascot, became a popular favourite at community events across the Territory to remind everyone to Slip, Slop, Slap, Seek and Slide!

Session topics covered the 7 key steps to reduce the risks of cancer:

- Quit Smoking
- Eat for Health
- Maintain a Healthy Weight
- Be SunSmart
- Limit Alcohol
- Move your Body
- Get Checked

This year, our volunteers played an integral role in delivering the cancer prevention messages throughout the community.



Over **6,000**

people received information on preventing cancer through healthy lifestyle and early detection program.

Tell Your Story

Cancer Council NT - 20 November 2019

Jill Kuhn living in Darwin was diagnosed with skin cancer at about the age of 30. She said that she's now paying the price of tanning during her teenage years and reminding younger ones to use sun protection to avoid developing skin cancer.

Our heartfelt thanks to Jill for bravely sharing her story which was also featured in NT news. It was a truly inspirational and timely reminder to be SunSmart and to keep an eye on your skin this National Skin Cancer Action Week!

Cancer Council NT is also grateful to have her as one of our long-time volunteers assisting us on our SunSmart program for schools and childcare centres.

Thanks for your generous heart Jill!



**"If I could get one message across to teenagers, it would be to look after your skin now because it will be too late after the damage has been done."
- Jill Kuhn**

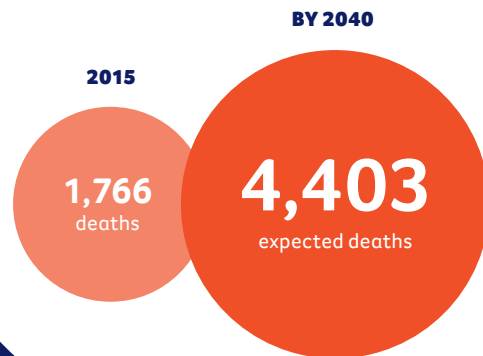
Future trends.

Today 7 in 10 Australians will survive a cancer diagnosis, but we still have a long way to go to achieve our vision of a cancer free future for all Australians. We won't stop until cancer does.

Australians from the **low socio-economic groups (SES)** are **37 percent more likely to die from cancer** than those who are the most advantaged.



The impact of liver cancer is increasing at a rate higher than any other cancer. **In 2015 there were 1,766 liver cancer deaths.** This number is expected to grow to 4,403 by 2040.



200,000 cancers

could be avoided **over 25 years**

if Australians get active and maintain a healthy weight





We're here for all Australians affected by cancer

Every day we support those affected by cancer when they need it most; it's at the heart of everything we do.

We know that coping with cancer is challenging, so we're here at every stage of the cancer journey. When you or someone you love is living with a cancer diagnosis, travelling for treatment, or adjusting to life after treatment – getting the right information and support is crucial.

You're not alone, we're here.

Cancer Council is the only charity in Australia that delivers a comprehensive range of support services for all people, affected by all cancers, across every state and territory, including information,

counselling, practical and emotional support, all designed with and for people affected by cancer.

We also develop clinical guidance and evidence-based updates for health professionals, supporting them to deliver the world's best practice in treatment and care for people with cancer.

*In the past year, our support and information services were used **over 250,000 times** by Australians affected by cancer, providing vital support when they need it most and making every stage of their cancer journey easier.*

Cancer Council is the only charity in Australia that delivers a comprehensive range of support services for all people, affected by all cancers.

Our free publications and booklets help Australians better understand cancer and navigate their own experience.



You can find more information on how Cancer Council is making an impact by providing support to all Australians affected by cancer at [impact.cancer.org.au/support](https://www.impact.cancer.org.au/support)



Cancer Council 13 11 20 provides information and support to those with cancer as well as carers, loved ones and health professionals.

Our network of pro bono advisers provide free legal and financial advice to 1,500 Australians impacted by cancer.



Cancer Council accommodation services offer a home away from home for those who have to travel to treatment.



Our websites provide reliable cancer information and support.



SUPPORT HIGHLIGHTS FROM 2018/19

Helping all Australians access cancer information

One of Cancer Council's primary aims is to ensure all Australians have the information they need to understand cancer, the risks and how to reduce them, and the services and resources available to people diagnosed with cancer.

In 2018-19 we continued development of our Understanding Cancer series, which now includes more than 60 resources for people with cancer, their families and friends. The series includes easy-to-read information about specific types of cancer, treatments, and emotional and practical issues. There are also audio-visual materials that can be downloaded or streamed online.

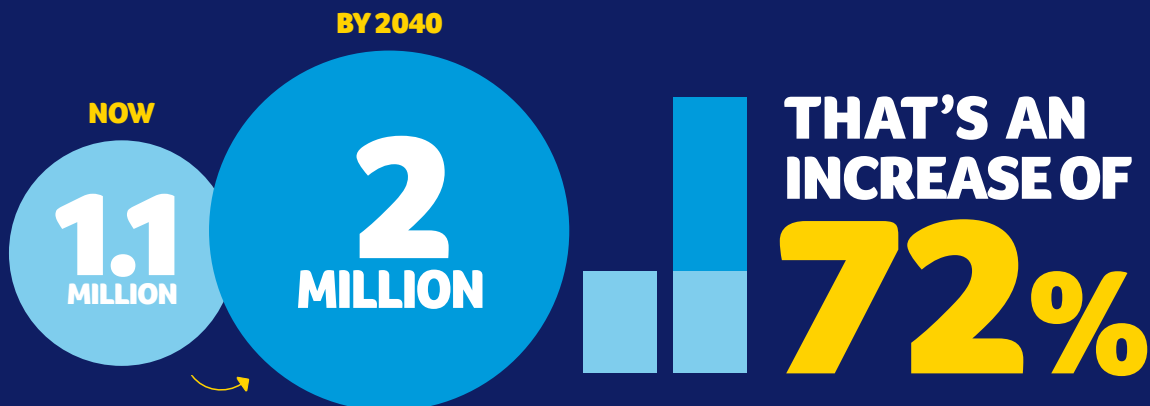
With funding from a Cancer Australia 'Supporting people with cancer' grant, we developed resources for people affected by cancer in Australia's

culturally and linguistically diverse (CALD) communities. Our aim is to reduce the poorer health outcomes experienced by people in these communities by providing accessible web-based resources in both written and audio formats, to overcome language and literacy barriers. New resources in 2018-19 included fact sheets about cancer, cancer risks, screening and healthy lifestyle choices in Mandarin, Cantonese, Vietnamese and Arabic. Additionally, we developed eight in-language videos focusing on the cancer diagnosis and treatment experiences of people in CALD communities in Australia.



You can find out more at <http://bit.ly/CALDresources>

Do you know how many Australians are living with or beyond cancer?





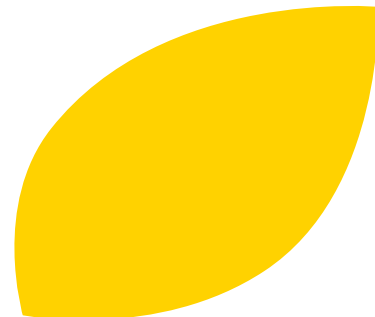
Raising awareness of our support services

Cancer Council research shows that over the next two decades the number of people living with or beyond a cancer diagnosis will increase by 72 per cent. By 2040, nearly 2 million people will be living with the impact of cancer and its treatment. Our aim is to ensure no Australian faces cancer alone, and that everyone is aware of the wide range of services and programs Cancer Council offers.

This year we created a new video to help build awareness about Cancer Council's accommodation services. Travelling for treatment can add unnecessary strain and financial stress for people with cancer. Cancer Council's low-cost accommodation services, available in many capital cities and regional centres across Australia, remove some of this stress by providing a welcoming place to rest and recover.

The video is one of a series being developed to help increase awareness of the scope of Cancer Council support services across Australia. It was promoted widely across our social media platforms.

[Watch the video at bit.ly/accommodationservices](https://bit.ly/accommodationservices)



Promoting optimal cancer care pathways



When you are diagnosed with cancer, getting the right treatment at the right time is crucial. Optimal Care Pathways have been produced through a partnership between the Federal Government and Cancer Council, with Cancer Council Victoria leading the development. The pathways are the first national resources of their kind: they outline the best management for specific tumour types and best practice in cancer care at each stage of a patient's journey.

There are 19 tumour-specific pathways in formats for both clinicians and those living with cancer.

Patient versions explain 'What to Expect' at each stage of diagnosis, treatment and beyond.

In 2018-19 Cancer Council focused on increasing awareness of the 'What to Expect' resources, encouraging and supporting other organisations that support Australians affected by cancer to promote them to newly-diagnosed people.



Find out more at cancer.org.au/optimalcarepathways

Working to close the gaps in cancer outcomes

Cancer survival rates in Australia are among the best in the world, but some Australians experience worse cancer-related outcomes than others.

The Australian Institute of Health and Welfare's annual Cancer in Australia report in 2019 reported improvements in cancer survival rates overall, however, it also revealed the need to do more for people diagnosed with less common cancers, and cancers with low survival rates. These cancers account for nearly half of all cancer deaths, yet are often neglected.

Cancer Council also highlighted that not all Australians have great cancer outcomes: First Nations people, people living in rural or remote areas, and people who are socioeconomically disadvantaged still have poorer survival rates. First Nations Australians have higher rates of cancer and are 43 per cent more likely to die from cancer than non-Indigenous Australians. The most disadvantaged Australians are 37 per cent more likely to die from cancer than people with higher incomes.¹

Cancer Council is working to increase awareness of these inequalities and develop better knowledge of where and why they occur, and what can be done to reduce them. We know disparities are due to differences in cancer treatment, participation in screening programs and access to health services, but also to social, economic and cultural factors. Our review of the existing research found there has been little action aimed at reducing socioeconomic inequalities in cancer-related outcomes in Australia and other high-income countries, and that engaging people from disadvantaged populations is key, so that programs and services meet their specific needs.

Reducing inequalities is challenging, but it's one of our advocacy priorities. To encourage and support policy and program changes needed to reduce disparities we're engaging with First Nations organisations to lead our action in this area.



¹ Australian Institute of Health and Welfare. Cancer in Australia 2019 [PDF file]. AIHW, 2019

Continuing our efforts to reduce financial distress

Research shows that half of Australia's cancer survivors experience financial distress, and that it often impacts their treatment decisions.

1 in 2

Cancer survivors in Australia experience financial distress that impacts their treatment decisions

The fact that the poorest members of our community have lower cancer survival rates clearly suggests income influences cancer-

related inequalities. Out-of-pocket costs for cancer diagnosis and treatment are a key part of financial distress.

In 2018-19 we progressed development of a Standard for Informed Financial Consent, to help doctors and healthcare providers inform patients about the costs of cancer treatment and reduce the number of Australians suffering "bill shock" and financial distress. The draft standard, developed in partnership with Breast Cancer Network Australia, the Prostate Cancer Foundation Australia and CanTeen, was presented at the Clinical Oncology Society of Australia Annual Scientific Meeting in Perth in November 2018, and released for public consultation. We are also developing

an implementation pack for doctors, and a patient information flyer to promote the standard.

We also continued our work addressing the financial burden of cancer treatment, supporting the launch of the Federal Government's out-of-pocket costs website – Medical Costs Finder.

We joined the Australian Council of Social Service's Raise the Rate campaign because the rate of Newstart is too low to be liveable and it is not a viable program for people who can't work or lose their job as result of their cancer diagnosis and treatment.

Delivering up-to-date clinical guidance to healthcare professionals

Cancer Council is the nation's leading independent provider of cancer guidelines. We have produced clinical practice guidelines for the management of various cancer types for clinicians and health professionals involved in treatment, prevention, detection and/or patient care.

In 2018-19 over

372,000

individual users accessed our clinical practice guidelines online

We use a wiki-based publishing system to enable efficient updates, dissemination, public consultation and engagement with contributors. In 2018-19, we had 372,859 individual users accessing clinical practice guideline content on the Clinical Guidelines Network site.

Key activities in 2018-19 included:

- Public consultation was completed for the revision of the *Clinical practice guidelines for keratinocyte cancer* and this guideline was submitted to the National Health and Medical Research Council for consideration and approval in Sept 2019.
- *Clinical practice guidelines for surveillance colonoscopy* were officially approved by the National Health and Medical Research Council and are available on the Clinical Guidelines Network site.
- Final sections of the *Clinical practice guidelines for the diagnosis and management of melanoma* were released for public consultation including guidance on melanoma in children and melanocytic tumours of unknown malignant potential. As the guideline was developed in a staged revision process starting in 2016, the Chair and the Working Party of this guideline are considering new topics and sections to be updated.
- The working parties of the surveillance colonoscopy and the melanoma guidelines have developed additional resources to complement the guidelines. They are developing a platform to assist with determining surveillance intervals, quick reference flowcharts and journal articles, while the melanoma group have developed and continue to publish a plethora of articles promoting and encouraging the uptake of guidance.

Cancer Council NT

Support Services

Every day we give those affected by cancer support when they need it most.

Cancer Council NT provides a broad range of cancer services to both patients and their families and loved ones across the Territory. These services include evidence based and clinically reviewed information booklets, psychosocial and emotional advocacy, practical assistance, and a series of prevention and education programs.

The psychosocial and emotional advocacy encompasses ongoing care from Cancer Council NT's cancer support nurses;

counselling sessions; a range of cancer support groups; and cancer connect, which gives patients the opportunity to speak with a trained volunteer who has experienced cancer.

The organisation's practical advocacy includes the providing of free and subsidised wigs; scarf fittings; a breast form and bra fitting service; and a Transport to Treatment program, which sees volunteer drivers take cancer patients to and from appointments.

Cancer Council NT continues to deliver a comprehensive range of support services for all people, affected by all cancers in the Northern Territory. We know that for anyone dealing with a cancer diagnosis, getting the right information and support is crucial.

Quote from a patient:

“ I would never have thought I would have ever turned to your agency in my lifetime, and never really knew what services you offered.

Much of what we discussed I already had some idea about, however hearing it from someone else really made a mental difference.

Your calm, caring nature and knowledge are a real credit to you as they were instrumental in quelling my ill-at-ease feelings of the “unknown”.

Thank you for your information on dealing with cancer and children, it is one area that was playing on my mind. You have now put my mind at ease. I really appreciate it.

I certainly will never forget the support that I have received from Cancer Council NT.

- Angelo December 2019

”

Cancer through the eyes of the carer

Consider this for a moment, hearing the words; sorry to inform you, your results show you have a cancer diagnosis. Thousands of people hear this daily. Entering a cancer journey is one of the most difficult psychological and physical challenges a person could possibly encounter in their lifetime. Furthermore, the cancer journey can also be detrimental to the loved ones of those suffering this diagnosis.

Jessica Bower has experienced this firsthand, as the carer of her Grandmother as she goes through her cancer journey. This is also close to our hearts, as Jessica's Grandmother was a volunteer with Cancer Council NT.

Jessica has had a close bond with her Grandmother since her birth. "Hearing your loved one has cancer is difficult to process", she said. This was not the first time Jessica's Grandmother had been diagnosed with cancer and it was different the second time around. The first diagnosis, Jessica explained, came with the notion of how to fix this, a fixer perspective. The second one, she explained, came with the news of the cancer spreading therefore, the perspective changed from fixing this to, how can we make it easier; how can we make her more comfortable and how can we improve her quality of life.

She highlighted that one of the most important aspects of being her Grandmother's carer is being there for whatever it is she may need. She further explained knowing the importance of when to step in and when to step back!

This is one of the great challenges that comes with caring for a person with cancer. Jessica explained the challenge for her was getting the balance right, looking after her grandmother but also looking after herself. Additionally, whilst she had been caring for her Grandmother, she was further faced with the challenge of being unable to help her own mother, when she fell ill interstate.

“Caring for one’s self whilst looking after a person with cancer is challenging, Jessica said, “it’s important to make time for yourself, even if it was only a small amount of time”

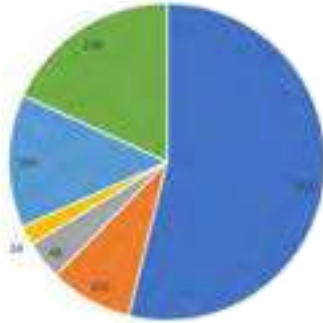
She began with some exercise, though this was difficult. She relaxed with some Netflix, maintained a healthy diet and expressed the importance of accepting help, advice and ideas from others. It is important to remember, when facing a cancer journey, that advice from any perspective can be helpful. Jessica said, “doing the journey your way, you may not get it right all the time but allow yourself to find your own way”. She also mentioned the importance of maintaining a good sleep routine. She explained from her perspective that asking for help is essential, stating; “if you ask you shall receive”. “You should exhaust all possible avenues and treatment options for your loved one”, Jessica advised.

Cancer Council NT played a role in supporting Jessica's Grandmother through her cancer journey through supplying colostomy bags and, most importantly, providing psychological support for herself and her Grandmother.

We would like to thank Jessica for allowing us to see through her eyes as the carer for someone with cancer.



Information and Support

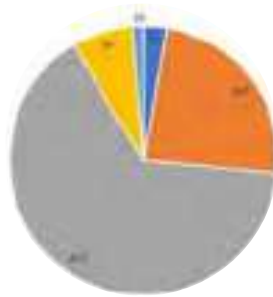


Who did we help ?

- Diagnosed Cancer Patients
- Friends / Other Relatives
- Immediate Family
- Health Professionals
- Carers
- Cancer Survivors

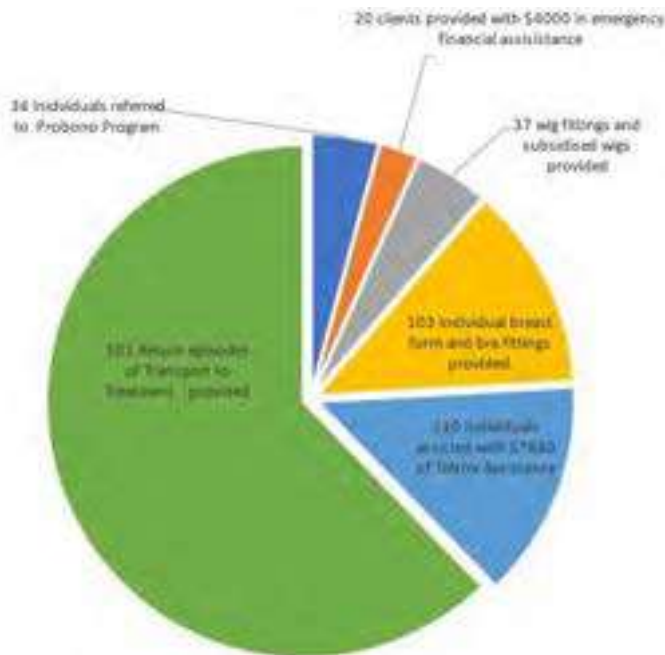
How did we help ?

- Information
- Treatment / Management
- Psychological / Emotional Support
- Prevention / Early Detection
- Practical Issues



Clients Assisted through Practical Programs

- Probono Referrals
- Breast Forms & Bras
- Client Assistance Fund
- Telstra Assistance
- Wigs
- Transport to Treatment



Pro Bono Program

A cancer diagnosis may mean a loss of income, on top of many out of pocket costs that may not be covered by insurance. Cancer Council’s Pro Bono Program helps people affected by cancer access free legal, financial, small business accounting and workplace assistance, where they would be otherwise unable to do so due to cost, illness or other barriers.

Cancer Council does not provide advice directly. We connect people affected by cancer with a volunteer professional in the community who will provide advice and assistance. Usually, people will meet professionals at their office, however, assistance may be provided via phone and email where needed. A telephone interpreter can be arranged if required.

In 2019, 34 Territorians were referred for 44 matters including Superannuation, Wills, Financial Planning, Workplace & employment advice. Where a client was deemed ineligible for pro bono assistance, they were offered the details of a professional on a paid basis. One client was referred to another free financial counselling service. Referrers into the program in 2019 included Royal Darwin Hospital, Cancer Council SA, Peter MacCallum Cancer Centre, Melbourne, St Vincent’s Hospital Melbourne, Alice Springs Hospital, Royal Adelaide Hospital, Cancer Council NSW as well as Cancer Council NT.

The following providers generously support the program in the NT:

- All Financial Services – Financial Planning
- Darwin Financial Services – Financial Planning
- Haysman Financial Services Alice Springs – Financial Planning
- Clayton Utz Darwin – Legal Services
- Halfpennys Lawyers – Legal Services
- HWL Ebsworth Darwin – Legal Services
- HWL Ebsworth Alice Springs – Legal Services
- Maurice Blackburn Darwin – Legal Services
- Sparke Helmore Darwin – Legal Services
- Ward Keller – Legal Services

Dry July Funding

Dry July is a national fundraising activity that encourages people to go alcohol-free in July to raise funds for people affected by cancer.

The funds raised as a result of 'going dry' provide invaluable services for cancer patients, their families and carers across the whole of Australia. In 2019 CCNT were the recipients of just over \$20,000 to fund a range of programs and services in the NT.

Wig Program

Hair loss as a result of cancer treatment can have a huge emotional & physical impact on both men and women. CCNT has for many years provided subsidised access to a range of new wigs as well as scarves and turbans. Funding from Dry July in 2019 allowed us to update how we display our wigs to make them more accessible. The remainder of the funds was allocated to the cost of supplying the wigs and scarves. In 2019 we provided 37 wigs to women as well as the specialist support and information to assist those women to adjust to the emotional and physical impact of hair loss.



Counselling Room Refurbishment

Our counselling room is at the heart of our interactions with clients in our Darwin office. It is not only used to provide nurse & specialised psychology counselling to clients and their families, but this confidential space is used for our wig and turban fittings as well as our breast form and bra fitting services. Funding from Dry July in 2019 enabled us to 'make over' this space. This included new modern chairs and side tables, wall mounted shelving, new carpet, window tinting, artwork and a contemporary reception lounge. The results have been amazing with clients commenting on such a warm and welcoming space.

In 2019 we utilised our newly refurbished counselling room to provide 103 breast form and bra fittings, 13 specialised psychology counselling sessions and over 350 face to face support interactions with clients.



Music Therapy Workshops

Music Therapy uses music to improve health and wellbeing. It can help people express themselves, feel more in control, focus on healing, feel less anxious and simply enjoy themselves in the moment. There are limited opportunities in Darwin for cancer patients to participate in creative outlets specific to their needs. Through the generosity of Dry July in 2019 we were able to fund 2 Music Therapy workshops for patients and their carers facilitated by well-known Darwin Musician, Arts Educator & Music Therapist, Netanela Mizrahi. Participants were able to join in two Workshops – 'Music and Wellbeing' and 'Therapeutic Songwriting'. Using voice and instruments as well as listening skills, the group were able to work together as well as share and reflect on their experiences through music. Feedback from the group was extremely positive.



“Netanela did a superb job in dealing with people emotions, thoughts and feelings and giving them a pathway to express that through music. Her empathy and sensitivity stood out in making the space very safe for sharing within the group.”

Understanding Cancer Booklets

Understanding Cancer is a series of more than 60 resources for people with cancer, their families and friends. The series includes easy-to-read information about specific types of cancer, treatments, and emotional and practical issues. There are also audio-visual materials that can be downloaded or streamed online. These booklets are clinically reviewed every 2 or 3 years, as it is important that we are providing the most up to date information to patients and their families. We distribute the booklets through the Alan Walker Cancer Care Centre, Darwin Private Hospital, Alice Springs Hospital and the Katherine Hospital. We provide the booklets at no cost. All titles are also able to be downloaded in pdf format from our website and some are available as eBooks.

Over the last 5 years Cancer Council NT have distributed over 6,500 hard copy booklets. In 2019, Dry July funded the purchase and distribution of these booklets throughout the NT for the entire year.



Additional Funding

The ongoing success of our Transport to Treatment Program has meant increased resources requirements. In 2019 Dry July generously contributed to these ongoing costs including fuel costs, insurances and servicing of vehicles, volunteer shirts and new computers.



Living with Cancer Forum

Another successful Living with Cancer Forum was held in our Darwin office on the 6th June, 2019. Over 20 cancer patients and their family members attended to hear from a diverse range of speakers.

The Living with Cancer Forums (LWCF) were first conducted by Cancer Council NT in 2013. Since that time, we have held regular Forums in Darwin, Katherine and Alice Springs. Cancer Council ACT have since adopted the same format to deliver The Living with Cancer Forum's in Canberra.

The aim of the Living with Cancer Forum is to engage the local community to provide information on relevant cancer treatments, services and programs and to address survivorship issues for people affected by cancer. In addition to this, there is the opportunity for attendees to network with others in a similar situation. The Living with Cancer Forums are for anyone affected by cancer including people with cancer, people who have finished active cancer treatment and those people under surveillance, along with carers, family and friends as well as health professionals.

In 2019,

50%

attendees identified as having been diagnosed with cancer,

25%

identified as carers, family or friends and

25%

were Health Professionals.

The success of our LWCF's relies heavily on the successful engagement of key stakeholders.

They have regularly included:

- Medical and Radiation Oncologists
- Surgeons
- Cancer Care Nurses
- BodyFit NT
- Vitality Health and Fitness
- Centrelink
- NT Primary Health Network
- Darwin Private Hospital
- Palliative Care NT
- Konekt Rehabilitation
- Various complementary therapists

In 2019 our speakers were Dr Patrick Donald talking about Targeted & Immunotherapies. Attendees were able to get a clear understanding about these treatments and how they are specific to certain cancers. Curtis Guglielmana from Konekt gave a great perspective on some of the issues faced by people continuing to work during treatment but also for those trying to return to work after treatment and offered some great information on return to work assessments and plans. Jamie Chan from Bodyfit NT talked about Exercise and Cancer. Whilst we often have an exercise physiologist at our Forums, Jamie was able to speak not only about the importance of continuing exercise throughout and beyond acute treatment but also spoke about how people can access their Chronic Disease group program.

Our final speaker for the evening was Julie Rankin from Territory Palliative Care speaking about Advanced Personal Plans.

Julie managed to take this sensitive subject and provide some ideas, suggestions and considerations for people contemplating their own plans, in a very relaxed and light-hearted way. As a result of her presentation, Julie came along to one of our Advanced Cancer Group meetings to further share her knowledge on APP's.

Feedback from the completed evaluation responses after each LWCF repeatedly indicate that participants find great value in attending and look forward to our next Living with Cancer Forum.



Cancer Information and Support Services

Every day we give those affected by cancer support when they need it most.

Supporting people affected by cancer is at the heart of everything we do. We know that coping with cancer is challenging, and when someone is dealing with a cancer diagnosis, travelling for treatment or adjusting to life after cancer treatment, getting the right information and support is crucial.

Cancer Council NT is the only charity in Australia that delivers a comprehensive range of support services for all people, affected by all cancers.

Our support services include information, such as our evidence - based booklets and fact sheets and Living with Cancer Forum; counselling and emotional support from our nurses and psychologist; our practical support programs include breast form fitting service, wig program, financial assistance and Telstra assistance programs, Legal and Financial Pro Bono program; and Transport to Treatment program; and are all designed with and for people affected by cancer, at every stage of the cancer journey.

THE IMPACT WE MADE IN 2019

Throughout 2019, Cancer Council NT's drivers undertook a total of

1,025

Hours of driving, which outlines the importance of the program to both the organisation and the broader community.

In 2019 our drivers travelled a total distance collectively of

35,158

kilometres (that's equal to two and half trips around Australia) to provide 50 cancer patients with a total of

935

trips. Transport to Treatment is a no cost service for cancer patients who would otherwise not be able to get to their treatment.

Transport to Treatment Program (T2T)

Cancer Council NT's Transport to Treatment program started in 2018 and has developed into one of the organisation's most vital services. Running during the day from Monday to Friday, the program sees volunteer drivers take cancer patients to and from appointments at the Alan Walker Cancer Care Centre, Royal Darwin and Palmerston Hospitals.

Travelling to treatment can be challenging, especially when cancer treatments last for many weeks or months and can be a significant burden on the resources of the individual and their families especially when treatment is daily for up to 6 weeks, or required weekly, fortnightly or monthly for long periods of time or requires ongoing treatment indefinitely.

Many people may be unwell or live in the surrounding areas of Darwin & Palmerston. They may be unable to access public transport; or may not have family or friends available to help.

There are currently 12 volunteer drivers involved in Transport to Treatment, with some of the drivers having also been personally affected by cancer. Transport to Treatment service is made possible by our small group of

dedicated and caring volunteers, who offer a safe and supportive environment for patients. Their own experiences allow them to build rapport with the patients and have a sense of empathy which helps to maintain patient spirits throughout their cancer journey. Drivers undergo national police clearance, working with children's' and hold a valid NT driver's license.

The program also relieves the pressure on patient's carers and support networks and provides a psychosocial service for those patients who don't have these support networks in Darwin.

Our Transport to Treatment service has seen increased client referrals throughout 2019.

Transport to Treatment is a no cost service for cancer patients who would otherwise not be able to get to their treatment.

The co-ordination of the T2T Program and the upkeep of the vehicles is funded by Cancer Council NT through public donations and our major event campaigns such as Australia's Biggest Morning Tea, Daffodil Day and Relay for Life.



Ostomy Services

Cancer Council NT is the only Cancer Council in Australia who provides Ostomy services. In other states of Australia Ostomy patients are serviced by Ostomy Australia but in the NT all Ostomy patients across the Northern Territory are serviced from within our Cancer Council office in Darwin. Ostomy products are posted and couriered all over the Territory, including to remote Aboriginal communities and Cattle Stations throughout rural and remote areas.

For the past 8 years Theodora Vrodos has been our Ostomy ‘guru’ and Theodora is one of the most loved and respected members of our Cancer Council team in the NT. Our recent Five for Five campaign saw Ostomy as the highest supported program with Ostomates regularly praising the work of Theodora and our new staff member Nora Geary for their compassion and support to clients and carers.

“You have to be resourceful working with the Cancer Council NT, as we are a small team and so we help each other in any way that we can. That means that you learn a lot of areas that you wouldn’t normally have access to. I’ve certainly learnt more in this job than in previous positions” – Nora.

Nora Geary came to Australia in 2007 for a six-week holiday and loved it so much she didn’t leave! She loved the climate and so went travelling around Australia with two other Irish girls who she met

in Australia. Nora is originally from County Galway and so meeting Irish girls from Clare, halfway across the world, was a treat and they travelled together for a further three months down the East Coast of Australia. Nora was then offered a job in Brisbane, where her sister had been living for two years. It was a big decision to remain in Australia as Nora was on leave from her job as a senior hotel receptionist and had left her boyfriend back in Ireland. However, Australia was calling, and when Nora was offered a job and then met her now long-term partner – well the rest is history. Thankfully that one fateful night in Brisbane has given the Cancer Council NT one of our gem staff!

In Ireland Nora went to secondary school with a student who had an ostomy bag and as a small child she never really understood what that meant. When she started to work with Theodora supporting Ostomy clients, she suddenly understood the challenges of being an Ostomate and the huge variety of ostomy products available nowadays to patients in Australia.

“We have a laugh and tell silly jokes! Whilst cancer is a serious business, you find that the patients are very positive about their conditions, they laugh with you about the silliest things, and the staff are so dedicated to the patients and their families, it’s a great place to work.” – Nora

See below table detailing the way the Ostomy Service was utilised by NT Members in 2019:

Month 2019	Total # Clients	No of Appliances	Collections	Postal	New members
January	225	523	101	54	1
February	223	522	100	53	4
March	218	455	95	40	2
April	222	531	123	43	9
May	218	489	104	47	3
June	216	508	106	40	6
July	221	576	120	49	8
August	231	532	128	39	9
September	240	593	122	51	10
October	235	560	121	55	1
November	237	546	136	40	10
December	238	546	132	36	5

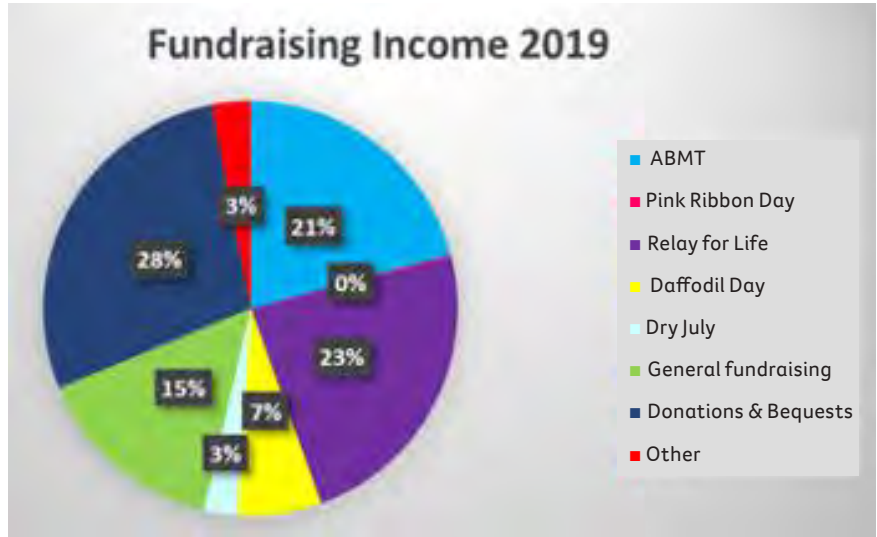


Cancer Council NT Fundraising

The Cancer Council NT fundraising team continued to engage and partner with our local community, corporate and government sectors in Darwin, Katherine and Alice Springs.

Fundraising events generate 83% of Cancer Council NT's income. In 2019 given a more competitive economic climate in the Northern Territory, the fundraising team continued to deliver several national Cancer Council fundraising initiatives including Australia's Biggest Morning Tea, Relay for Life, Daffodil Day, and Pink Ribbon Day. With the support of our donors, volunteers, corporate supporters and partners, we were able to direct approximately \$700,000 to education and cancer support services for Territorians affected by cancer.

The pie chart shows the distribution of fundraising income across each of our individual campaigns for 2019:



HIGHLIGHTS IN 2019

Australia's Biggest Morning Tea

Cancer Council NT's 2019 Australia's Biggest Morning Tea was a great success across the Territory raising approximately \$118 000.

With the introduction of a launch event, partnering with locally owned cafes and bakeries to help promote the campaign, community hosted events were enjoyed far and wide.

Our corporate partner, DoubleTree by Hilton Esplanade continued their successful Garden Party fundraiser. Just over 100 guests enjoyed the garden party with live music, raffle draws and delicious food by the in-house chef.

Long standing volunteer, Irene Mellios, continued hosting the Biggest Multicultural

Morning Tea, now in its 23rd year. With a team of volunteers from the Greek community, the morning tea moved to a new home, the St Mary's Football Club. A fun morning of entertainment, prizes and fashion was enjoyed by all and raised \$19 380. This brings the running total of monies raised by Irene and her team of helpers over 23 years to \$347 208.65.



Daffodil Day

Daffodil Day is the most prominent event on our calendar Australia wide - showcasing the iconic yellow daffodil branding, it was the original founding event of the Cancer Council NT.

Cancer Council NT raised approximately \$37 000 selling merchandise and fresh daffodils across the Territory, with 29 sites and over 100 volunteers covering the Territory. Life member, Romola Sebastian-Pillai, plays an integral role coordinating the large team of volunteers, fondly referred to as the Daffodil Ladies. They sold a huge volume of daffodils at stalls across Darwin. Daffodil stalls across the Northern Territory were very popular this year, stalls in Darwin, Katherine and Alice Springs sold out of flowers completely.



Relay For Life

Relay for Life continues to be a community event that many people attend to celebrate survivorship, remember loved ones lost and to fight back against cancer. In 2019, Relay for Life NT raised a total of \$133 000, with an estimated 500 people at the event and walking through the night in support of cancer research and prevention.

The event returned to the popular Gardens Oval venue and had a festival vibe featuring face painters, dancers, Zumba demonstrations and karaoke. Chief Minister, Michael Gunner led the survivors and carers walk and the candlelight ceremony reminded all those participating of the Relay for Life moto - Celebrate, Remember, Fight Back! Relay for Life provides the opportunity for people to share in the story of loss but also of hope for tomorrow.

2019 Awards went to:

- Highest Community Fundraiser – SonD's at approximately \$9,500
- Highest Corporate Fundraiser – Randazzo Properties at approximately \$21,000



Field of Hope

Following on from Daffodil Day was a new awareness initiative, Field of Hope, coordinated by volunteer Deborah Bryan. In October 2019, a wall of daffodil cards was created at Casuarina Square. Daffodils had personal messages and dedications to those lost to cancer; fighting cancer; and who have survived cancer. Many stories were shared by members of the community to volunteers on the stand. Many Territorians shared their personal journey and their own fight against cancer, including the son of a man who received the first colostomy bag in 1973, and those who are affected by family and friends currently fighting this disease. Local graffiti artist, Amanda Stevenson, live painted a Field of Hope banner to be used for the new 2020 Field of Hope installation. Many stories were shared, some tears shed and determination from many to keep fighting the fight to a cancer free future.



Pink Ribbon Race Day

Breast cancer is the most common invasive cancer in women in Australia. Funds raised from Pink Ribbon Race Day and associated Pink events enables Cancer Council NT to provide cancer support services such as nurse counselling and support, wig service, breast prosthesis and bra fitting services for women and their families, and other services, including legal and financial planning.

Always a popular event, the '50 Shades of Pink' - Pink Ribbon Race Day held at the Darwin Turf Club on Caulfield Cup Day attracted 120 women and men, dressed in pink.



Raffle Car

The Cancer Council NT Car Raffle was once again a huge success thanks to the Darwin Motor Group, Suzuki and Mitchell Centre whose joint sponsorship provided the raffle of a new Suzuki Baleno. This was a beautiful car valued at \$23,500. The winning ticket was won by a local Darwin family just in time for Christmas! Merry Christmas and thank you to everyone who bought tickets and helped us raise over \$32 000 for programs and assistance provided by the Cancer Council NT to people affected by cancer in the Northern Territory.



General Fundraising

Many of our general fundraisers need to be seen to be believed and this was certainly true of the Darwin Hash House Harriette's and Harriers Fun Run.

On 30 October, 37 Darwin Hash House Harriette's and Harriers ran, walked and rode along East Point Road in their red finery, through Fannie Bay, back to Lake Alexander to raise funds for the Cancer Council NT. NT Meats then sponsored the meat for the BBQ after the run.



The Alex Perry Dinner – NT NEWS

THE ALEX PERRY DINNER – NT NEWS

Cancer Council NT was invited as the charity of choice for a dinner with Australian fashion icon, Alex Perry, hosted by the NT News. CEO, Tanya Izod was joined by Volunteer Coordinator, James Brideson and Volunteer Deb Bryan, to help fundraise during the night, raising \$4 890 for Cancer Council NT services.

Alex Perry took time to talk to the Cancer Council NT team about cancer services and patients in the NT. Alex Perry complimented the yellow volunteer shirt that Deb was wearing - so we feel completely vindicated, and now have evidence that our volunteer uniforms are fashionable!



Christmas Giving

Christmas is the time for giving and showing appreciation to the amazing support we receive from Darwin businesses in our community.

We have such fantastic sponsors of Cancer Council NT and Christmas is the time to show our appreciation of these great supporters. CEO, Tanya Izod distributed hampers to our core sponsors to say thanks for their continuing support in 2019. A huge thank you to the Mitchell Centre, Southern Cross Austereo (Channel 7), Zip Print Darwin NT, Area9 and Darwin Motor Group / Suzuki.









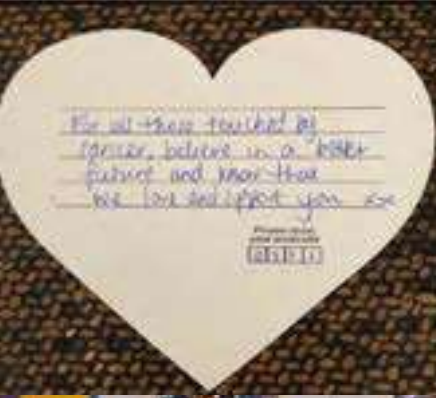


Field of Hope

Dedicate your own personal daffodil tribute at the Field of Hope.

Buy a paper daffodil for \$5, write your special message, and come along to the Field of Hope on Saturday 31st August, to plant your tribute alongside thousands of others.

The Field of Hope consists of heartfelt daffodil tributes created by people like you. Some are drawings or messages. Others are photos, poems or stories. But every single one is filled with love.



Field of Hope | Saturday 31 August
For locations, visit cancerct.org.au

ZipPrint
Trusted sponsor of Field of Hope





Corporate Partnership

Cancer Council NT Corporate Partnerships

Cancer Council NT has launched and grown innovative strategic partnerships with local corporates who provide not only financial support but also their reach, resources and expertise to help us achieve our objectives.



New supporters

2019 saw extensive engagement with corporate organisations and supporters across Darwin and the broader Northern Territory, including KPMG, Arthur Gallagher, Elders, Bendigo Bank, The Hilton, TIO, Power and Water, Tindal RAAF Base, Palmerston Hospital, and Framptons Real Estate. All these businesses provided active support for our events and fundraising, and we look forward to a continuation of these partnerships throughout 2020.

The 2020 year will also see an increase in Cancer Council NT's corporate supporter base, with prominent Darwin family-owned business Halikos signing a partnership agreement with the organisation to provide volunteers for our major events.

The support of corporate organisations plays a vital role in the ongoing financial success of Cancer Council NT.

Framptons First National - Alice Springs

One of the many corporate bodies who support for Cancer Council NT is Framptons First National Real Estate in Alice Springs. For over 17 years, since 2003, Framptons have been organising a Daffodil Day stall and barbeque, in the process raising important funds for Cancer Council NT. These funds assist in allowing the organisation to continue to provide vital cancer services to patients and their families across the Northern Territory.

As a locally owned business, Framptons wanted to support a charity where the money raised stays in the Territory and supports people in Alice Springs. Staff member Andrea Doyle says that "the company is very much about locals supporting locals, which was our inspiration for deciding to support Daffodil Day and Cancer Council NT". "The most enjoyable part of the day is that the whole team gets involved – it is great for team building while helping a worthwhile cause".

Andrea also says that the community engagement is another important facet of the day, as there aren't too many people who can say that they haven't been touched by cancer in some way.

While there is a lot of organising to do in the lead-up and taking a full day out of a busy week can put the pressure on, Andrea says that "it is great fun and the company gets a lot out of it".

Asked to pick a particular moment that has stayed with her, Andrea made mention of the individual who would slip up quietly to put a hundred dollar note in the donation tin, with no fanfare or fuss, just knowing that they are helping. She also said that the continued support of other local businesses in donating so much of the product for the barbeque, and the strength of the entire community makes the event easy to keep doing.



“The most enjoyable part of the day is that the whole team gets involved – it is great for team building while helping a worthwhile cause”

KPMG

2019 was a year of review and the new Strategic Plan was integral to the process of review and implementation of the new Cancer Council NT Vision and Mission for the next 10-year period.

KPMG staff worked closely with Cancer Council NT staff of at all levels, to ensure that the future strategy was patient focused and provided a model for expansion to develop Cancer Council NT services into the future. CCNT long term volunteers were also invited to engage with the development of the plan and advised of their appreciation for being included in the process. This strategy of networking with all levels of Cancer Council NT staff and volunteers has resulted in a robust Strategic Plan that reflects the vision and purpose of the Cancer Council NT into the future.



ZIP PRINT

ZIP Print has become not only a corporate sponsor, but corporate volunteer and fundraising group as well. The ZIP Print crew have volunteered at Daffodil Day stalls, walked the night away at Relay for Life and continue to provide printing services throughout the 2019 year. In fact, all the Field of Hope Cards sending messages of hope to cancer patients and families all over the Northern Territory were designed and provided by Zip Print under their corporate partnership with Cancer Council NT. They continue to be of great assistance to the Cancer Council NT with printing assistance for our SunSmart and Cancer prevention programs. And as if all that's not enough – they are a ton of fun as well!



AREA9

As part of the infrastructure review of the Cancer Council NT – Area9 completed a full review and refurbishment of our IT systems. The CCNT computer systems were based on old laptop computers sourced via the NT Government IT gift system. They operated using Windows 7, with reduced Virus protection and Backup systems in place. The continued utilisation of these systems posed considerable IT data risk.

So Area9 came to the rescue with a full review of the Cancer Council NT systems, installation of new computers, updated Microsoft 365 and backup systems and ongoing help desk and system management. Our system is now much faster, easier to operate and works like a charm!



A&K Mechanical

A&K Mechanical has been providing free mechanical servicing to the Cancer Council NT for many years. The Cancer Council cars are serviced every six months with the guys from A&K Mechanical always on hand to check and repair when needed.



Southern Cross Austereo (Channel 7)

Kim Menzies at Southern Cross Austereo is well known for giving back to community organisations and Southern Cross Austereo has not disappointed. The Cancer Council prevention and education advertising is regularly viewed on all channel 7 TV stations – assisting to spread the word on cancer prevention and advocating for cancer patients across the Northern Territory.



Lions Club – Casuarina Branch

The Lions Club has come on board as a partner in the SunSmart program. With new SunSmart equipment including a Skin Scanner and SunScreen Dispenser Stands – the Cancer Council NT, Cancer Prevention division is all set to provide sunscreen on tap and educate Territorians on the dangers of UV in the Territory. Sunscreen dispensers are now in Darwin, Katherine and Alice Springs offices for continued protection at golf days, school sports days and of course the Lions annual Beer Can Regatta.



Charles Darwin University Student Placement Program

In addition to our other Corporate Partnerships, Cancer Council NT has become a partner of Charles Darwin University providing student placements for Nursing and Social Services graduates.

This partnership involves graduating nursing and social services student's undertaking a four-week workplace placement program with the Cancer Council NT's Darwin office. Cancer Council NT nursing and prevention staff provide practical hands on experience for graduating nurses, social workers, and allied health students, and encourages their involvement in cancer services in the future. This has been a very successful program for Charles Darwin University and Cancer Council NT with the partnership agreement continuing and expanding across Darwin and Alice Springs in the 2020 year. 2020 will see this program come under the supervision of the Volunteer Coordinator, with students already locked in for the months

of March, April, May and June 2020. The Student Placement Program builds on our existing relationship with the University and increases Cancer Council NT's engagement with the community.





Cancer Council NT Volunteers

2019 was a year of great change for the Cancer Council NT volunteer program, both in the office and out in the community. Volunteers undertook a total of 4,119 hours work throughout the year across a diverse range of areas.

Our volunteers were involved in many events around the Territory, including the Lions Beer Can Regatta, Brekkie in the Park, the Royal Darwin Show, the Real Estate Institute Charity Golf Day, Field of Hope, Arafura Games, selling tickets for our car raffle, Pink Ribbon Race Day, and the Deckchair Cinema fundraiser, as well as our major fundraisers Daffodil Day and Relay for Life.

2019 also saw the Volunteer Coordinator actively involved in the building of partnerships in Katherine, with a particular focus on fundraising opportunities within the Tindal RAAF Base. In addition to this, volunteers in Katherine organised a golf day fundraiser in support of breast cancer research and held stalls for Daffodil Day.

Volunteers in Alice Springs also organised stalls for Daffodil Day, with assistance from our corporate supporters at the Hilton and Framptons Real Estate.

Events and fundraising weren't the only areas where the volunteers were making a difference throughout 2019. There were also multiple office projects that took place, including the implementation of organisational policy, the writing of funding grants and review of web-based systems. There was also the continuing of Cancer Council NT's successful SunSmart program, where volunteers assisted the Health Promotions Coordinator in recruiting and engaging with schools around the importance of sun protection. Our volunteers bring their considerable skill to all these projects and have proven a significant resource to the Cancer Council NT.

In 2019 extensive work was undertaken on a Volunteer Engagement strategy aimed at providing even more support and incentives to our volunteers.

2020 will see the introduction of the volunteer engagement strategy, which will offer more incentives for existing volunteers, and encourage new volunteers to join the organisation. The strategy will incorporate social events, volunteer well-being activities and a bi-monthly newsletter. This newsletter will provide volunteers and corporate supporters with updates, stories and information on upcoming events, while celebrating the achievements and ongoing advocacy work of the organisation.

The Volunteer Engagement Strategy also introduces our volunteer service pin, which will acknowledge the ongoing efforts of many of our long-term volunteers, who's countless hours in the office and the community have made an insurmountable contribution to the fundraising and advocacy work of Cancer Council NT.

With many plans and initiatives in place, 2020 is sure to be a busy and successful one for the volunteer team at Cancer Council NT.



Cancer Council NT has over 100 active volunteers with some volunteering for special events like Daffodil Day, Relay for Life and those that assist behind the scenes with administrative and fundraising initiatives. Many volunteer for different reasons; sometimes a history of cancer touching their lives and sometimes just to give back to the community at retirement.

Volunteers are the lifeblood of charities – without them we simply could not achieve the work that we do. Volunteering also gives back to the volunteer through a sense of achievement, purpose and sharing of skills and experience. Volunteers make friends with their peers and are part of the fabric that makes the Cancer Council NT what it is today.



Jill has been volunteering with Cancer Council NT since 2015, with her main involvement being in office administration and the organisation's long-running SunSmart program.

Jill volunteers because she believes that 'service is good for the soul', and since retiring from the workforce, has had the opportunity to use some of her spare time to help her community.

“service is good for the soul”

Outside of volunteering, Jill enjoys making cards, playing piano and koto, reading, and always finds time for an afternoon nap.

Chris has been a volunteer with Cancer Council NT since 2018 and is a regular driver in the organisation's Transport to Treatment program, a vital service that sees volunteers transport cancer patients to and from their appointments. Outside of his volunteering, Chris likes gardening and doing jigsaws.

Chris volunteers because he cherishes the opportunity to assist those who are in need



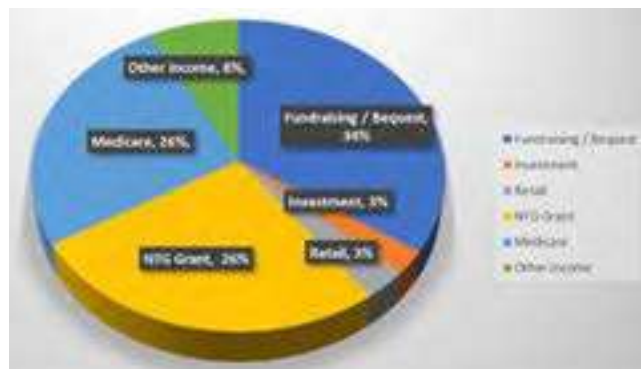
Elsi has been volunteering with Cancer Council since 2012 and has been a regular in the office doing administration and reception work. Elsi volunteers because now that she is retired, she has time to give back to the community. She chose Cancer Council NT because so many people have been touched by cancer, and Cancer Council supports them to cope during and after treatment. When she was younger and more active, her favourite colour was red, but now she is retired, she prefers white, as white seems to say, 'take it slow and enjoy'.



Income 2019

Cancer Council NT fundraises most of its operational income every year and we receive grant income through a Department of Health, Service Agreement which assists the delivery of nursing support and prevention services to cancer patients across the Northern Territory.

Our income for 2019 was received through the following activities:



Review and Align

In collaboration with our long-term audit partner – Lowrys Accountant’s, the Cancer Council NT reviewed all financial policy, including financial governance, and re-aligned procedures to ensure best practice financial governance, risk management and allocation of staff and management responsibilities.

Fraud & Dishonesty

In early 2019 CCNT revised and implemented new internal control mechanisms to address the potential for fraud and dishonesty. All money transfers, cheques or electronic payments require two signatories and a separation of powers has been achieved between the Finance Officer, Bookkeeper and Authoriser’s operational tasks. Access to financial IT systems has been separated so that neither the Finance Officer or Bookkeeper have access to bank account transfers or creditor electronic payment upload. All electronic payment transfers are undertaken by two approved signatories. The Finance Officer balances creditor monthly statements for payment and the CEO checks and authorises all creditors payment prior to completion. The Bookkeeper oversees the accounts reconciliations (including debtors, creditors and payroll) of the Finance Officer every month. CEO then uploads the ABA files for bank transfers.

Investment Strategy

A review of investments was undertaken with Investment Policy, Financial Management & Governance Policy and Financial Investment authority Policy all updated and approved by the Cancer Council NT Board in June 2019.

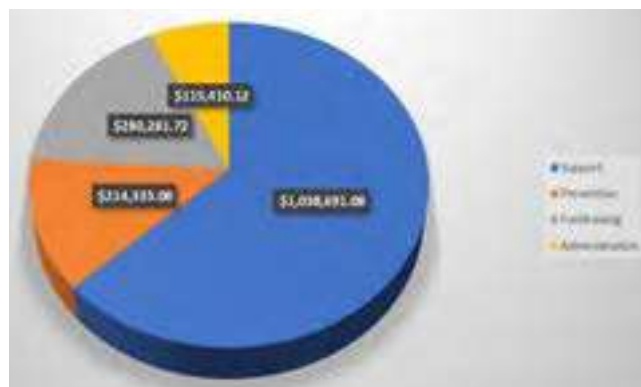
In addition to the review of policy and systems the following reimbursement practice is now in place:

Franking credits on Investments

CCNT also applied to the Australian Taxation Office for franking credits on dividend income to the value of \$4,220. This will occur each year where appropriate.

Mission Spend

Territorians give to the Cancer Council NT through attending our events, fundraising, direct donations or through our regular giving program. Of the income received in 2019, over \$1.25 million dollars was spent on Support Services and Prevention education and Health Promotion across the Northern Territory.



2019 Results

The 2019 financial year involved considerable tidying up of reporting practice and process. The end of year anticipated Profit and Loss was a small profit of approximately \$10,773, however once the Auditor had completed the 2019 Audit and the auditors book entries were implemented, the resultant book deficit of \$79,782 was reported.

The following shows the auditors reallocation that occurred for the 2019 year:

1. A depreciation adjustment of \$29,236 was allocated for the 2019 year
2. A book entry was completed of approximately \$41,319 for a debtor which was treated incorrectly in the in-house accounting and was not receivable.
3. A \$20,000 grant which had been allocated to 2019 was attributable to 2020.

In September 2019 Cancer Council NT transferred accounting systems from MYOB to Xero. This provided a saving in annual licencing fees under ‘charities licencing’ and increased capacity for reporting by department. As part of this transfer the general ledger was tidied and realigned which will allow more detailed analysis reporting in the 2020 year.

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

ABN: 78 039 911 732

**SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2019**

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

**SPECIAL PURPOSE FINANCIAL REPORT
FOR THE YEAR ENDED 31 DECEMBER 2019**

TABLE OF CONTENTS

Auditor's Independence Declaration	1
Board of Directors Report	2
Special Purpose Financial Statements	
Statement of Profit or Loss and Other Comprehensive Income	3
Statement of Financial Position	4
Statement of Changes in Accumulated Funds	5
Statement of Cash Flows	6
Notes to and forming part of the Financial Statements	7
Independent Auditor's Report	17

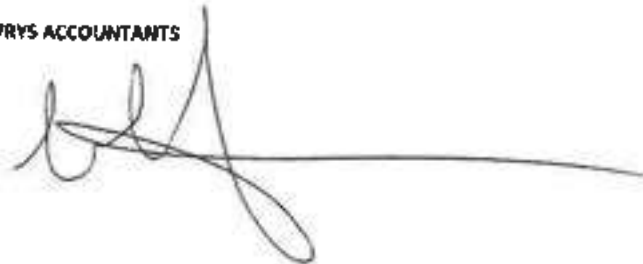
The Directors
Cancer Council of the Northern Territory Incorporated
2/25 Vanderlin Drive
Wanguri NT 0810

Auditor's Independence Declaration

I declare that, to the best of my knowledge and belief, during the year ended 31 December 2019 there have been:

- (i) no contraventions of the auditor independence requirements as set out in the *Northern Territory of Australia Associations Act* and the *Australian Charities and Not-for-profits Commission Act 2012* in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.

LOWRYS ACCOUNTANTS



Colin James FCA
Registered Company Auditor

Dated: 7 April 2020
Darwin

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

**BOARD OF DIRECTORS REPORT
FOR THE YEAR ENDED 31 DECEMBER 2019**

The Directors submit the special purpose financial report of Cancer Council of the Northern Territory Incorporated (the Council) for the financial year ended 31 December 2019. The Directors have determined that the Council is not a reporting entity and as such has not prepared General Purpose Financial Statements.

Directors

The directors at the date of this report are:

Chairman	Annette Burke
Vice Chairman and Public Officer	Derek Campbell
Directors	Paolo Randazzo
	Giam Kar
	Gino Luglietti
	Elizabeth Halikos

Principal Activity

The principal activity of the Council during the year was the provision of support services to community members affected by cancer.

Significant Changes

There has been no significant change in the principal activity of the Council during the year.

Operating Results

The comprehensive loss for the year was **(\$79,782)**; 2018: **(\$11,321)**.

Directors' Declaration

The Directors of Cancer Council of the Northern Territory Incorporated declare that:

- (a) in the directors' opinion, there are reasonable grounds to believe that the Council will be able to pay its debts as and when they become due and payable; and
- (b) in the directors' opinion, the attached financial statements for the year ended 31 December 2019 and notes thereto are in accordance with the the *Northern Territory of Australia Associations Act* and the *Australian Charities and Not-for-profits Commission Act 2012*, including compliance with Australian Accounting Standards, and provide a true and fair view of the financial position and performance of the Council.

The Board of Directors Report is signed in accordance with a resolution of the board.

On behalf of the Board



Chairperson
Dated: 7 April 2020



Vice Chairperson and Public Officer
Dated: 7 April 2020

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

**STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME
FOR THE YEAR ENDED 31 DECEMBER 2019**

	Note	2019 \$	2018 \$
Revenue			
Sale of merchandise	2A	66,575	65,448
Cost of sales	3A	15,299	25,589
Gross Profit		<u>51,276</u>	<u>39,859</u>
Other Income			
Revenue from grants	2B	435,260	376,138
Fundraising, donations and bequests	2C	567,272	749,092
Other revenue	2D	127,274	132,349
PBS Stoma Reimbursement		467,634	540,602
Total Other Income		<u>1,597,440</u>	<u>1,798,181</u>
Total Revenue		<u>1,648,716</u>	<u>1,838,040</u>
Expenses			
Depreciation and amortisation	3B	42,015	29,852
Employee benefits expense	3C	747,294	835,754
Other expenses	3D	443,726	464,149
Purchase of medical supplies		495,463	518,340
Total Expenses		<u>1,728,498</u>	<u>1,848,095</u>
Net Deficit for the Year		<u>(79,782)</u>	<u>(10,055)</u>
Other comprehensive (loss)			<u>(1,266)</u>
Total Comprehensive (Loss) for the Year		<u>(79,782)</u>	<u>(11,321)</u>

The Statement of Profit or Loss and Other Comprehensive Income should be read in conjunction with the accompanying notes.

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2019

	Note	2019 \$	2018 \$
ASSETS			
Current assets			
Cash and cash equivalents	4	517,900	185,576
Accounts receivable and other debtors	5	89,458	146,735
Financial assets	6	618,283	1,212,839
Inventories	7	66,132	65,379
Other current assets	8	14,249	12,004
Total current assets		1,305,922	1,622,533
Non-current assets			
Financial assets	6	717,633	252,415
Property, plant and equipment	9	396,626	422,767
Total non-current assets		1,114,259	675,182
Total Assets		2,420,181	2,297,715
LIABILITIES			
Current liabilities			
Accounts payable and other payables	10	378,272	112,743
Provisions	11	52,345	41,227
Unexpended grants / donations	12	20,000	75,636
Total current liabilities		450,617	229,606
Non-current liabilities			
Provisions	11	17,759	51,241
Total non-current liabilities		17,759	51,241
Total Liabilities		468,376	280,847
Net Assets		1,951,805	2,016,868
ACCUMULATED FUNDS			
Reserves for research and development		150,000	150,000
Asset revaluation reserve		21,652	21,652
Retained earnings		1,780,153	1,845,216
Total Accumulated Funds		1,951,805	2,016,868

The Statement of Financial Position should be read in conjunction with the accompanying notes.

STATEMENT OF CHANGES IN ACCUMULATED FUNDS
FOR THE YEAR ENDED 31 DECEMBER 2019

ACCUMULATED FUNDS	Reserves for Research and Development	Asset Revaluation Reserve	Retained Earnings	Total Equity
	\$	\$	\$	\$
Balance at 1 January 2018	150,000	21,652	1,856,537	2,028,189
Net deficit for the year	-	-	(10,055)	(10,055)
Other comprehensive income	-	-	(1,266)	(1,266)
Closing Balance at 31 December 2018	150,000	21,652	1,845,216	2,016,868
Balance at 1 January 2019	150,000	21,652	1,845,216	2,016,868
Net deficit for the year	-	-	(79,782)	(79,782)
Unrealised gain / (loss) Investments	-	-	15,719	15,719
Conversion balance adjustment	-	-	(1,000)	(1,000)
Closing Balance at 31 December 2019	150,000	21,652	1,780,153	1,951,805

The Statement of Changes in Accumulated Funds should be read in conjunction with the accompanying notes.

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 DECEMBER 2019

	Note	2019 \$	2018 \$
Cash flows from / (used in) operating activities			
Receipts from customers		1,231,173	1,422,623
Grants received		587,557	404,638
Interest / Dividends received		36,004	38,572
Payments to suppliers and employees		<u>(1,669,977)</u>	<u>(1,871,660)</u>
Net cash flows used in operating activities	15	184,757	(5,827)
Cash flows from / (used in) Investing activities			
Proceeds from sale of property, plant and equipment		-	11,000
Proceeds from withdrawal / (acquisition) of held to maturity investments		612,839	400,177
Acquisition of property, plant and equipment		<u>(15,873)</u>	<u>(72,691)</u>
Acquisition of available for sale investments		<u>(449,499)</u>	<u>(400,000)</u>
Net cash flows from / (used in) investing activities		147,467	(61,514)
Net Increase / (decrease) in cash and cash equivalents		332,224	(67,341)
Cash and cash equivalents at the beginning of the year		<u>185,576</u>	<u>252,917</u>
Cash and cash equivalents at the end of the year	4	<u>517,800</u>	<u>185,576</u>

The Statement of Cash Flows should be read in conjunction with the accompanying notes.

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

	Page Number
Note 1: Summary of Significant Accounting Policies	8
Note 2: Revenues and Other Income	12
Note 3: Expenses	12
Note 4: Cash and Cash Equivalents	14
Note 5: Accounts Receivable and Other Debtors	14
Note 6: Financial Assets	14
Note 7: Inventories	14
Note 8: Other Current Assets	14
Note 9: Property, Plant and Equipment	15
Note 10: Accounts Payable and Other Payables	15
Note 11: Provisions	15
Note 12: Unexpended Grants / Donations	16
Note 13: Commitments for Expenditure	16
Note 14: Events After the Reporting Period	16
Note 15: Economic Dependence	16
Note 16: Cash Flow Information	16

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

Note 1: Summary of Significant Accounting Policies

Basis of Preparation

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Members. The Directors have determined that Cancer Council of the Northern Territory Incorporated is not a reporting entity and as such has not prepared General Purpose Financial Statements.

The special purpose financial report has been prepared in accordance with the requirements of the *Northern Territory of Australia Associations Act*, the *Australian Charities and Not-for-profits Commission Act 2012* and Australian Accounting Standards.

The financial report is prepared on the basis that the Council is a not for profit entity.

The special purpose financial report has been prepared on an accruals basis based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous financial year, unless otherwise stated, have been adopted in the preparation of this financial report.

Accounting Policies

(a) **Revenue**

Non-reciprocal grant revenue is recognised in the statement of profit or loss and other comprehensive income when the entity obtains control of the grant and it is probable that the economic benefits gained from the grant will flow to the Council and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before it is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the Council incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position, with a corresponding amount of income recognised in the statement of profit or loss and other comprehensive income.

Revenue from the sale of goods is recognised at the point of delivery as this corresponds to the transfer of significant risks and rewards of ownership of the goods and the cessation of all involvement by the Council in those goods.

Interest revenue is recognised using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument.

Revenue from the rendering of a service is recognised upon the delivery of the service to the clients.

All revenue is stated net of the amount of goods and services tax.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

Note 1: Summary of Significant Accounting Policies (continued)

(b) **Property, Plant and Equipment**

Each class of property, plant and equipment is carried at cost or fair value as indicated, less, where applicable, accumulated depreciation and any impairment losses.

Buildings and improvements, plant and equipment, furniture and fittings and motor vehicles

Buildings and improvements, plant and equipment, furniture and fittings and motor vehicles are measured on the cost basis and are therefore carried at cost less accumulated depreciation and any accumulated impairment losses. In the event the carrying amount of property, plant and equipment is greater than the estimated recoverable amount, the carrying amount is written down immediately to the estimated recoverable amount and impairment losses are recognised either in profit or loss or as a revaluation decrease if the impairment losses relate to a revalued asset. A formal assessment of recoverable amount is made when impairment indicators are present.

Subsequent costs are included in the asset's carrying amount or recognised as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the Council and the cost of the item can be measured reliably. All other repairs and maintenance are recognised as expenses in profit or loss in the financial period in which they are incurred.

Depreciation

The depreciable amount of all fixed assets, including buildings and improvements, plant and equipment, furniture and fittings and motor vehicles is depreciated on a straight-line basis over the asset's useful life to the Council commencing from the time the asset is available for use.

The depreciation rates used for each class of depreciable assets are:

	2019	2018
Buildings and improvements	2%	2%
Plant and equipment	10-30%	10-30%
Furniture and fittings	2-17%	2-17%
Motor vehicles	15-25%	15-25%

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount. These gains and losses are recognised in profit or loss in the period in which they arise. When revalued assets are sold, amounts included in the revaluation surplus relating to that asset are transferred to retained surplus.

(c) **Cash and Cash Equivalent**

Cash and cash equivalents include cash on hand, deposits held at-call with banks, other short-term highly liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within short-term borrowings in current liabilities on the statement of financial position. The Council did not have an overdraft during the year.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

Note 1: Summary of Significant Accounting Policies (continued)

(d) **Employee Provisions**

Short-term employee provisions

Provision is made for the Council's obligation for short-term employee benefits. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly before 12 months after the end of the annual reporting period in which the employees render the related service, including wages, salaries and annual leave. Short-term employee benefits are measured at the nominal amounts expected to be paid when the obligation is settled.

Other long-term employee provisions

Provision is made for employees' long service leave and annual leave entitlements not expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service. Long-term employee benefits are measured at the nominal amounts expected to be paid when the obligation is settled.

The Council's obligations for long-term employee benefits are presented as non-current employee provisions in its statement of financial position, except where the Council does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current provisions.

(e) **Accounts Receivable and Other Debtors**

Accounts receivable and other debtors include amounts of claims from medicare / ostomy program as well as amounts receivable from affiliates / member bodies provided in the ordinary course of business. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

Accounts receivable are recognised at fair value less any provision for impairment.

(f) **Goods and Services Tax**

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except:

- where the amount of GST incurred is not recoverable from the taxation authority, it is recognised as part of the cost of acquisition of an asset or as part of an item of expense; or
- for receivables and payables which are recognised inclusive of GST, the net amount of GST recoverable from, or payable to, the taxation authority is included as part of receivables or payables.

Cash flows are included in the cash flow statement on a net basis. The GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

(g) **Income Tax**

The Council was registered as a Public Benevolent Institution on 3 December 2012 by the Australian Charities and Not-for-profits Commission. As a registered Public Benevolent Institution, the Council is endorsed to access the following tax concessions as:

- Income Tax Exemption
- GST Concession
- FBT Exemption

The Council is also endorsed as a Deductible Gift Recipient from 1 July 2000.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

Note 1: Summary of Significant Accounting Policies (Continued)

(h) Inventories

Inventories are valued at the lower of cost and net realisable value. Costs, including an appropriate portion of fixed and variable overhead expenses, are assigned to inventory on hand by the method most appropriate to each particular class of inventory. Net realisable value represents the estimated selling price less all estimated costs of completion and costs necessary to make the sale.

(i) Provisions

Provisions are recognised when the Council has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions recognised represent the best estimate of the amounts required to settle the obligation at the end of the reporting period.

(j) Accounts Payable and Other Payables

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the Council during the reporting period which remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

(k) Comparative Figures

Where required by Accounting Standards, comparative figures have been adjusted to conform with changes in presentation for the current financial year.

When the Council retrospectively applies an accounting policy, makes a retrospective restatement or reclassifies items in its financial statements, a third statement of financial position as at the beginning of the preceding comparative period, in addition to the minimum comparative financial statements, must be disclosed.

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

	2019 \$	2018 \$
Note 2: Revenue and Other Income		
Note 2A Sale of merchandise		
Sales - Support services	34,189	35,766
Sales - Retail and other contact	10,891	15,980
Sales - Other supplies	21,495	13,702
Total sale of merchandise	<u>66,575</u>	<u>65,448</u>
Note 2B Revenue from grants		
DoH - Ostomy Services	92,375	91,402
DoH - Community Education and Support	235,616	233,132
DoH - Breast Screen Services	14,542	18,724
Other grants	54,227	91,380
	<u>396,760</u>	<u>434,638</u>
Add: Opening Unexpended grants (Note 12)	58,500	-
Less: Unexpended grants carried forward (Note 12)	(20,000)	(58,500)
Total revenue from grants	<u>435,260</u>	<u>376,138</u>
Note 2C Fundraising and donations		
Australia's Biggest Morning Tea	118,186	142,648
Charity Race Day	-	30,847
Daffodil Day	37,169	26,598
Relay for Life	133,098	94,340
Pink Ribbon Day	969	10,469
Camino Walk	-	50,649
Gala Ball	-	78,041
Girls Night In	-	2,340
Dry July	15,000	66,500
General fundraising	85,465	70,611
Donations and bequests	160,249	193,165
Add: Opening Unexpended donations (Note 12)	17,136	-
Less: Unexpended donations carried forward (Note 12)	-	(17,136)
Total fundraising and donations	<u>567,272</u>	<u>749,092</u>
Note 2D Other revenue		
Interest / Dividends received	42,297	42,350
Membership	13,028	2,958
Royalties	30,236	30,302
Gain on sale of asset	1,818	4,359
Reimbursement of expenses	13,500	-
Other	26,395	52,380
Total other revenue	<u>127,274</u>	<u>132,349</u>
Note 3: Expenses		
Note 3A Cost of sales		
Support services stock	12,596	16,835
Retail stock	2,703	7,390
Merchandise and other supplies	-	1,364
Total cost of sales	<u>15,299</u>	<u>25,589</u>
Note 3B Depreciation and amortisation		
Depreciation of property, plant and equipment	42,015	29,852
Note 3C Employee benefits expense		
Salaries and wages	694,852	800,126
Superannuation	74,807	72,293
Leave and other entitlements	(22,365)	(36,665)
Total employee benefits expense	<u>747,294</u>	<u>835,754</u>

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

	2019	2018
	\$	\$
Note 3: Expenses (continued)		
Note 3D Other expenses		
Administration costs	3,812	12,999
Advertising	18,679	14,551
Audit and accounting fees	7,000	7,000
Bad debts	-	7,350
Bank and finance charges	1,634	4,868
Bank charges - merchant summary	1,998	2,060
Body corporate fees	8,370	6,696
Bookkeeping	34,583	-
Catering	40	46,188
Cleaning	4,129	4,802
Client assistance fund	1,918	3,889
Computer IT costs	8,218	238
Contract	5,345	-
CRM Implementation	3,609	7,510
Freight and couriers	583	1,282
Fundraising expenses	44,004	32,865
General expenses	3,057	-
Insurance	25,170	24,862
Internet services	-	94
Logistics and equipment	-	30,414
Merchandise	8,049	6,311
Motor vehicle expenses	12,889	15,767
National events expenses	32,406	22,129
Office equipment purchased	2,738	-
Power and water	14,409	13,259
Photocopier maintenance	2,731	7,211
Postage	6,747	8,595
Printing and publications	12,463	6,816
Program	10,482	13,654
Purchase of wigs	3,133	3,577
Rates	1,216	1,181
Repairs and maintenance	11,288	16,805
Recruitment	2,279	16,425
Security	3,793	3,538
Shrinkage and spoilage	7,077	1,256
Staff amenities	7,615	3,691
Staff development and training	61	1,493
Stationery	3,647	2,592
Storage shed and archives	3,600	2,400
Strategic planning	6,660	-
Subscriptions	80,783	84,224
Support group expenses	2,107	381
Telephone	15,496	17,409
Travel and accommodation	17,555	6,153
Venue costs	543	601
Volunteer expenses	933	336
Waste disposal	875	677
Total other expenses	443,726	464,149

CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

	2019 \$	2018 \$
Note 4: Cash and Cash Equivalents		
Cash on hand	399	330
Cash at bank	517,401	185,246
Total cash and cash equivalents	517,800	185,576

Note 5: Accounts Receivable and Other Debtors		
Trade receivables	87,410	130,917
Allowance for impairment of trade receivables	-	-
Total trade receivables	87,410	130,917
GST receivable	-	1,779
Accrued interest	2,048	14,039
Total accounts receivable and other debtors	89,458	146,735

No interest is charged on outstanding debtor balances. An allowance has not been made for irrecoverable amounts determined from liquidity review of individual debtors and management views (2018: \$Nil).

No collateral has been pledged for any of the current or non-current trade and other receivable balances.

Note 6: Financial Assets		
Current		
Held-to-maturity investments, fixed interest term deposits	618,283	1,212,839
Non current		
Available-for-sale financial assets	717,633	252,415
Available-for-sale financial assets		
Balance at beginning of the year	252,415	103,680
Additions	449,499	150,000
Fair value remeasurement movement	15,719	(1,265)
Balance at end of the year	717,633	252,415

Note 7: Inventories		
Merchandise	66,132	65,379

Inventories are purchased merchandise used in trading and are expected to be recovered within twelve months.

Note 8: Other Current Assets		
Prepayments	14,249	12,004

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

	2019 \$	2018 \$
Note 9: Property, Plant and Equipment		
Buildings and improvements, at cost	351,393	351,393
Accumulated depreciation	<u>(55,221)</u>	<u>(49,195)</u>
	<u>295,172</u>	<u>302,198</u>
Plant and equipment, at cost	114,583	98,710
Accumulated depreciation	<u>(98,399)</u>	<u>(95,696)</u>
	<u>16,184</u>	<u>3,014</u>
Furniture and fittings, at cost	41,413	41,413
Accumulated depreciation	<u>(14,166)</u>	<u>(12,451)</u>
	<u>27,247</u>	<u>28,962</u>
Motor vehicles, at cost	137,263	137,263
Accumulated depreciation	<u>(79,240)</u>	<u>(48,670)</u>
	<u>58,023</u>	<u>88,593</u>
Total property, plant and equipment	<u>396,626</u>	<u>422,767</u>

Note 10: Accounts Payable and Other Payables

Trade payables	149,209	95,835
CBA credit card	(2,431)	(2,707)
Wage accrual	17,132	13,615
Audit accrual	6,000	6,000
Prepaid grant income	190,797	-
Income received in advance	17,565	-
Total trade and other payables	<u>378,272</u>	<u>112,743</u>

Settlement of trade creditors is generally net 30 days.

The Council does not hold any financial liabilities whose terms have been renegotiated, but which would otherwise be past due or impaired.

No collateral has been pledged for any of the current or non-current trade and other payable balances.

a. Financial liabilities at amortised cost classified as accounts payable and other payables

Accounts payable and other payables:

- total current	378,272	112,743
- total non current	-	-
Financial liabilities as accounts payable and other payables	<u>378,272</u>	<u>112,743</u>

No interest is payable on outstanding payables.

Note 11: Provisions

Current		
Employee benefits	52,345	41,227
Total current provisions	<u>52,345</u>	<u>41,227</u>
Non Current		
Employee benefits	17,759	51,241
Total non current provisions	<u>17,759</u>	<u>51,241</u>
Total provisions	<u>70,104</u>	<u>92,468</u>

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

	2019 \$	2018 \$
Note 12: Unexpended Grants / Donations		
Unspent Donations		
Total unspent donations	-	17,136
Unspent grant - Dry July	-	28,500
Unspent grant - Volunteer Grant	20,000	20,000
Unspent grant - CBA	-	10,000
Total unexpended grants	20,000	58,500
Total unexpended grants / donations	20,000	75,636

Note 13: Commitments for Expenditure

There were no capital commitments at 31 December 2019 (2018: \$Nil).

Note 14: Events After the Reporting Period

The Directors are not aware of any significant events that have occurred since the end of the reporting period.

Note 15: Economic Dependence

While the Council's activities are funded by fundraising, donations and bequests, the Council is assisted in its activities by operating grants provided by the Government. As at the date of this report, the Directors have no reason to believe that the Government would not continue to provide financial support to the Council. The financial report has been prepared on a going concern basis on the expectation that such funding will continue.

Note 16: Cash Flow Information

Reconciliation of Cash Flow from Operating Activities with Current Year Deficit

Deficit for the year	(79,782)	(10,055)
<i>Non cash transactions</i>		
Depreciation and amortisation	42,015	29,852
Interest income deposited into term deposits	(18,283)	(4,458)
Write-off of property, plant and equipment	-	-
Gain on sale of property, plant and equipment	-	(4,359)
<i>Changes in net assets and liabilities:</i>		
<i>(Increase) / Decrease in assets:</i>		
Accounts receivable and other debtors	57,706	19,841
Inventories	(753)	7,980
Other current assets	(1,000)	680
<i>Increase/(decrease) in liabilities:</i>		
Accounts payable and other payables	54,922	857
Unexpended / prepaid grants	152,297	(9,500)
Provisions	(22,365)	(36,665)
Net cash flows used in operating activities	184,757	(5,827)

INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED
Report on the Audit of the Financial Report
Qualified Auditor's Opinion

We have audited the financial report of Cancer Council of the Northern Territory Incorporated (the Council), which comprises the statement of financial position as at 31 December 2019, the statement of profit or loss and other comprehensive income, the statement of changes in equity, the statement of cash flows for the year then ended and notes to the financial statements, including a summary of significant accounting policies and the directors' report.

In our opinion, except for the effects of the matters described in the Basis of Qualified Opinion paragraph, the financial report of the Cancer Council of the Northern Territory Incorporated has been prepared in accordance with the *Northern Territory of Australia Associations Act* and the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the Council's financial position as at 31 December 2019 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards, the *Northern Territory of Australia Associations Act* and the *Australian Charities and Not-for-profits Commission Regulations 2013*.

Basis for Qualified Opinion

As is common for organisations of this type, it is not practicable to establish an effective system of internal control over the following revenue lines prior to its initial entry in the accounting records:

	2019	2018
	\$	\$
Fundraising events	389,887	573,043
Donations and bequests	177,385	176,049
	<u>567,272</u>	<u>749,092</u>

The evidence available to us regarding this source of income was limited. Accordingly our audit in relation to this source of income was limited to the amounts recorded. Therefore we are unable to express an opinion whether the amounts recorded in the accounting records are complete.

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Corporation in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other matters
Basis of Accounting and Restriction on Distribution

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Cancer Council of the Northern Territory Incorporated to meet the reporting requirements of the *Northern Territory of Australia Associations Act* and the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose.

INDEPENDENT AUDITOR'S REPORT**TO THE MEMBERS OF CANCER COUNCIL OF THE NORTHERN TERRITORY INCORPORATED****Report on the Audit of the Financial Report (continued)****Responsibilities of the Directors for the Financial Report**

The Directors of the Council are responsible for the preparation of the financial report that gives a true and fair view in accordance with the Australian Accounting Standards, the *Northern Territory of Australia Associations Act* and the *Australian Charities and Not-for-profits Commission Act 2012* and for such internal controls as the directors determine are necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Council's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Council or to cease operation, or have no realistic alternative but to do so.

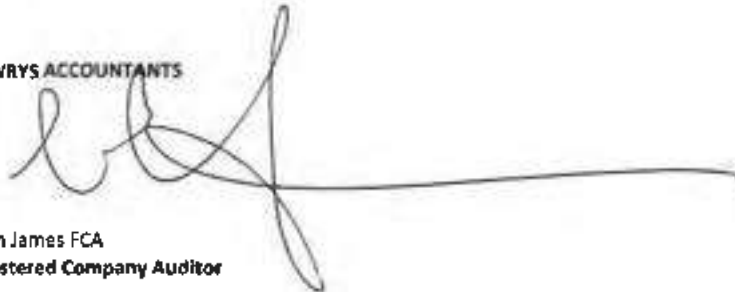
Directors are also responsible for overseeing the Council's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website (<http://www.auasb.gov.au/Home.aspx>) at: http://www.auasb.gov.au/auditors_responsibilities/ar4.pdf

This description forms part of our auditor's report.

LOWRYS ACCOUNTANTS

Colin James FCA
Registered Company Auditor

Darwin
Dated: 7 April 2020



We're unlocking the answers to stopping cancer

Cancer Council is a globally-respected leader in funding and conducting cancer research that has played a key role in the significant progress of cancer prevention, treatment, and support.

Thanks to our community of supporters, Cancer Council is the largest non-government funder of cancer research in Australia, investing almost \$250 million over the past five years alone. Stopping cancer starts with understanding it, so

our investment extends across all cancers, and all stages of the cancer journey – from understanding cancer causes and prevention to saving and extending lives and supporting all people affected.

In 2018 our members, along with research partners, invested over **\$58.3 million** in cancer research across Australia with every dollar contributing to vital discoveries that will bring forward the day we put a stop to cancer.



You can find out more about how we invest our research dollars at impact.cancer.org.au/research

BREAKING DOWN OUR SPEND IN

2018

We contributed over

\$58.3 million

together with our research partners towards world-class cancer research.



WHAT WE FUNDED:



718

Researchers



306

Projects



54

Institutions

The selection process for Cancer Council research grants is rigorous, transparent and highly competitive.

From among the thousands of projects we could fund, expert panels choose those which:

- Have the most innovative ideas with the greatest potential promise to make the biggest difference.
- Come from research teams with the best chance of success both now and in the future.
- Are likely to significantly reduce the impact of cancer in one or more of the following aspects: prevention, diagnosis, treatment and support.

Every day, Cancer Council funded researchers are unlocking vital answers to understanding cancer, to improve outcomes in cancer prevention, treatment and supportive care.

Meet some of our Cancer Council funded researchers



Find these stories and more information at bit.ly/meetourresearchers



Cancer Council funded researcher **Professor Grant McArthur** has dedicated both his medical and research career towards reducing the impact of melanoma on our community. He's driven to not only increase survivorship and quality of life from melanoma, but to achieve a complete and lifelong cure from this cancer type. Find out more at bit.ly/curingmelanoma



Australia has been at the forefront of cervical cancer prevention for decades. **Professor Karen Canfell**, Director of the Cancer Research Division, Cancer Council NSW, and her team have shown we are now poised to be the first country in the world to eliminate cervical cancer as a public health problem. Find out more at bit.ly/cervicalcancerresearch



Through ground-breaking discoveries in the lab and in the clinic, **Professor Clare Scott** is working to improve treatment outcomes for one of the most deadly cancers affecting Australian women. With the support of Cancer Council, she is using cutting edge technology to develop better ways of finding and treating ovarian cancer. Find out more at bit.ly/outsmartingovariancancer



Professor Ross McKinnon is a world renowned cancer researcher who, after losing his wife to breast cancer in 2001, has dedicated his research career to improving the experiences of people undergoing cancer treatment. Find out more at bit.ly/improvingtreatmentexperience

Cancer Council NT

The way forward.

BUILD A STRONG FOUNDATION (2019 – 2021)

1. Awareness & prevention



- Enhance national CCA programs.
- Establish relationships with NT organisations through which awareness and prevention messaging can be distributed to a wide audience.
- Expand delivery of messaging to include schools, Aboriginal health organisations and corporate sponsors.

2. Support services



- Enhance the efficiency with which patient transport services are delivered.
- Establish a full suite of complementary therapies and a Survivorship Program.
- Expand services to Alice Springs and Katherine.

3. Advocacy & research



- Build networks for advocacy activities.
- Identify research activities planned for the Northern Territory and build networks with key research organisations.

4. Brand enhancement



- Develop a range of new brand resources to promote Cancer Council NT appropriate for NT context.
- Develop and implement an evaluation framework for events.
- Establish new relationships to provide longevity and sustainability in donation and sponsorship base.
- Execute multi-year corporate sponsorships for national Cancer Council events.
- Develop a risk register.

5. Resourcing



- Maximise efficiency of staff and volunteers through a co-ordinated approach to managing resources for maximum output and engagement.
- Investment in ICT hardware and software to maximise efficiency.
- Recruitment of support staff to deliver services in Katherine and Alice Springs, including securing of budget to pay ongoing costs.

Build a Strong Foundation (2019-2021)

1. Awareness & Prevention.

Strategic initiatives

- Build on priority prevention and awareness areas for the Northern Territory, including Sun Smart Program, Quit Smoking Program, nutrition and Obesity Program.
- Establish relationships with NT-based organisations through which awareness and prevention messages can be delivered (schools, health service providers, government and corporate workplaces).

2. Support Services.

Strategic initiatives

- Leverage partnership with CDU (graduate program) to deliver a full suite of complementary therapies, including Massage, Meditation, Music and Exercise.
- Establish a Survivorship Program.
- Provide open information about the way services are delivered to manage patient expectations and create enhanced respect for the services provided.
- Enhance the efficiency through which patient transport services are delivered through use of digital applications to remind patients of transfer service bookings and co-ordinate driver bookings.

3. Advocacy & Research.

Strategic initiatives

- Engage with CCA advocacy discussions and material to develop and engage in local advocacy for Territorians.
- Identify and build key relationships for advocacy messaging at a Territory level, including Ministers and Chief Executive Officers of key Northern Territory Government Portfolios and Departments (Health, Education, Chief Minister).
- Identify research activities underway and proposed for the Northern Territory.
- Establish working relationships with researchers, both internal (to Cancer Council nationally) and external.

4. Brand Enhancement.

Strategic initiatives

- Explore innovative and engaging ways to reach a younger demographic.
- Leverage new CCA brand material and participate in ongoing CCA brand discussions to advocate for stronger brand alignment with the NT context.
- Partner with well-known and well-connected Territorians as event ambassadors.
- Enhance digital presence for promotion of events and campaigns, and to raise awareness and provide information for prevention of cancer.
- Establish and implement an objective framework for event evaluation.
- Establish relationships with NT schools to leverage awareness and prevention activities for fundraising.
- Establish a comprehensive risk register, and risk mitigation strategies.

5. Resourcing.

Strategic initiatives

- Invest in information and communication technology (ICT) hardware and software to automate repetitive processes and maximise the efficiency of staff and volunteers, including integration of data into a Client Management System.
- Review and update information storage systems, policies and procedures.
- Develop a volunteer optimisation strategy, including identification of demographic and skills mix required for volunteer base, review of existing volunteers and planning future volunteer recruitment.
- Update human resources policies and procedures to pave the way for volunteers to be treated the same as permanent staff.
- Invest in relevant training for volunteers and permanent staff.

Thank you.

As a charity and non-government organisation, we rely on the generosity of the community to continue our life-saving work.

Your support helps us fund vital cancer research, run life-saving education programs, and support the thousands of Australians affected by cancer each year who need our help.

Because of you, every day is a day we're closer to stopping cancer.

But our work isn't done yet.

We won't stop until we've dramatically reduced the significant impact cancer has on loved ones, families and every member of our community

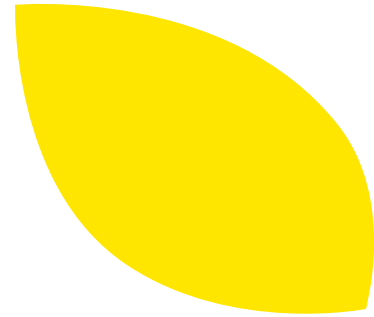
It is estimated that in 2019 alone, **145,000 Australians** were diagnosed with cancer and we know that at least **one in three cancers could be prevented** through lifestyle changes.

With more people being diagnosed and surviving cancer than ever before – the support services offered by Cancer Council have never been more vital.

Whilst we've seen significant progress overall in Australian cancer survival rates, we mustn't forget the work we need to do to improve the equality of cancer outcomes for all Australians affected.

We need to close this gap in cancer outcomes and we won't stop until we've dramatically reduced the significant impact cancer has on loved ones, families and every member of our community. We're here today and we'll still be here tomorrow.

Thank you for your continued support. Together, we can put a stop to cancer.



For information or support call

(08) 8944 1800

If you're looking for information, support or services offered, call us on (08) 8944 1800 or visit our website.

nt.cancer.org.au